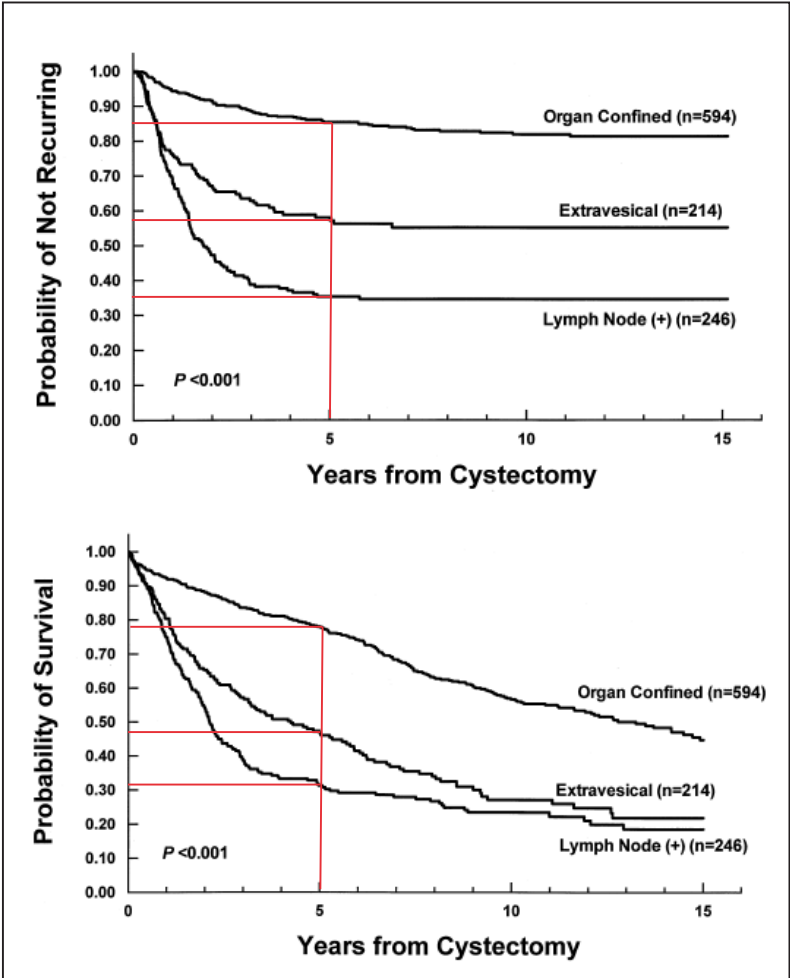


# Perioperative treatment of muscle-invasive bladder cancer: state of the art and prospects

Dr Simon Crabb  
Associate Professor in Medical Oncology  
University of Southampton

# Why use peri-operative treatment in bladder cancer?

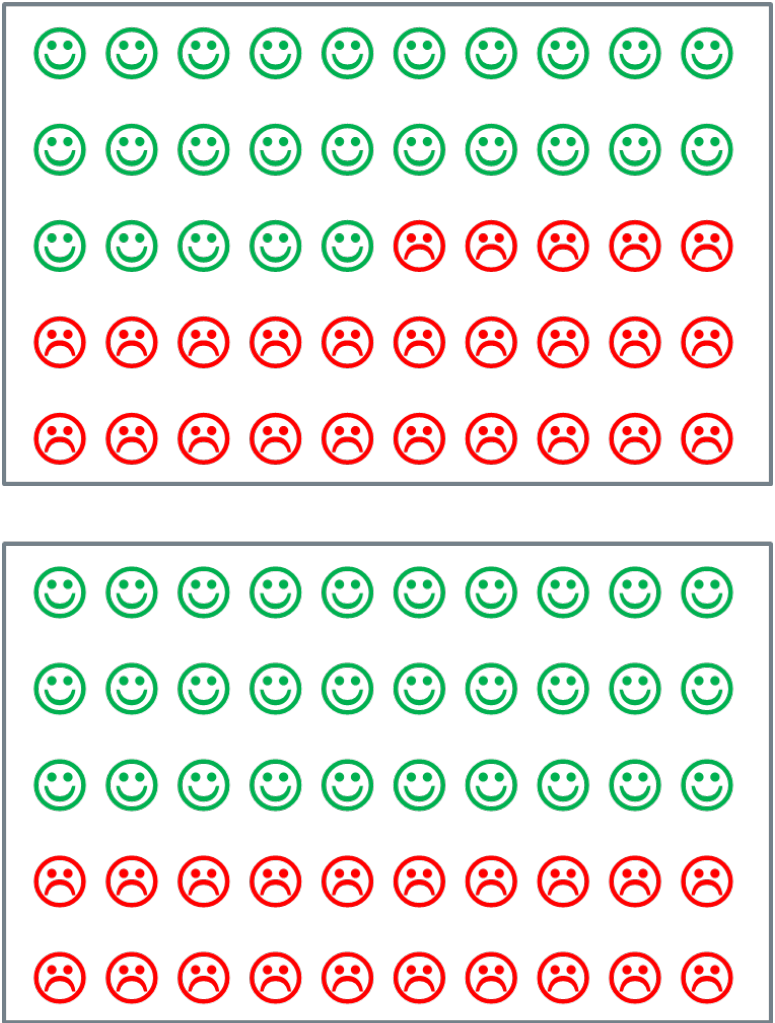
Cystectomy outcomes for MIBC  
n=1054



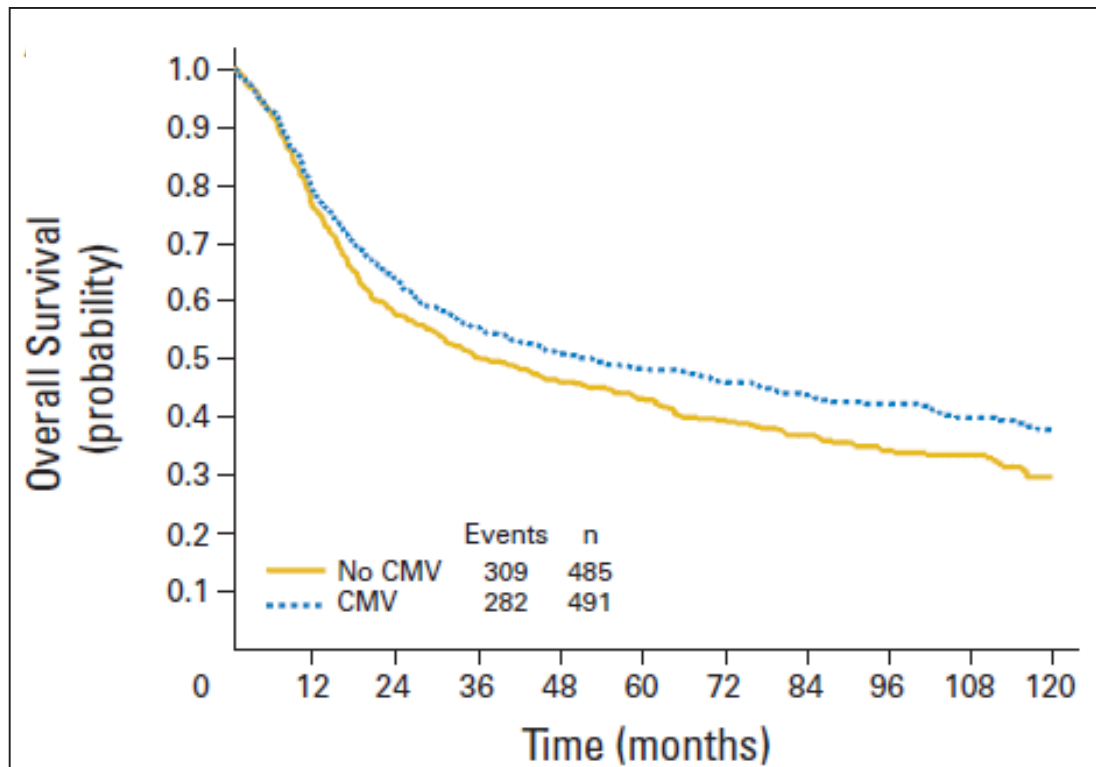
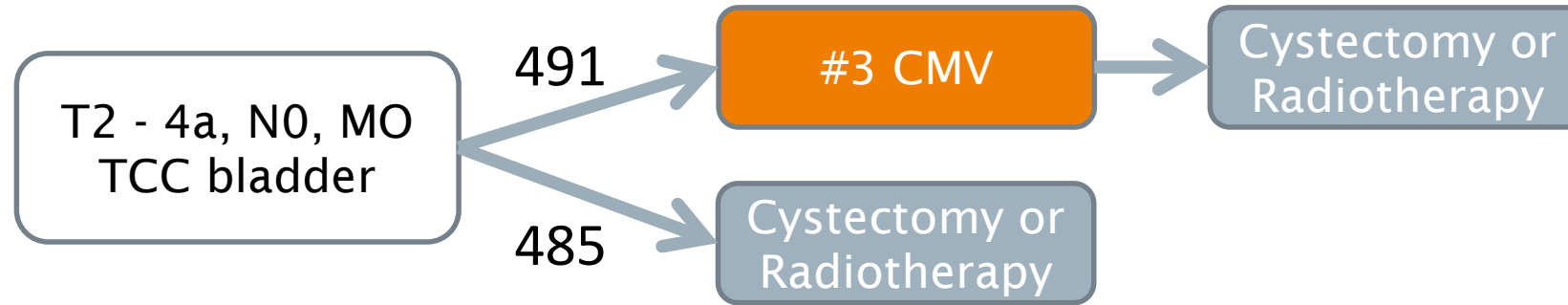
Radical  
Cystectomy



Radical  
Cystectomy  
+  
Chemotherapy



# The MRC neoadjuvant trial



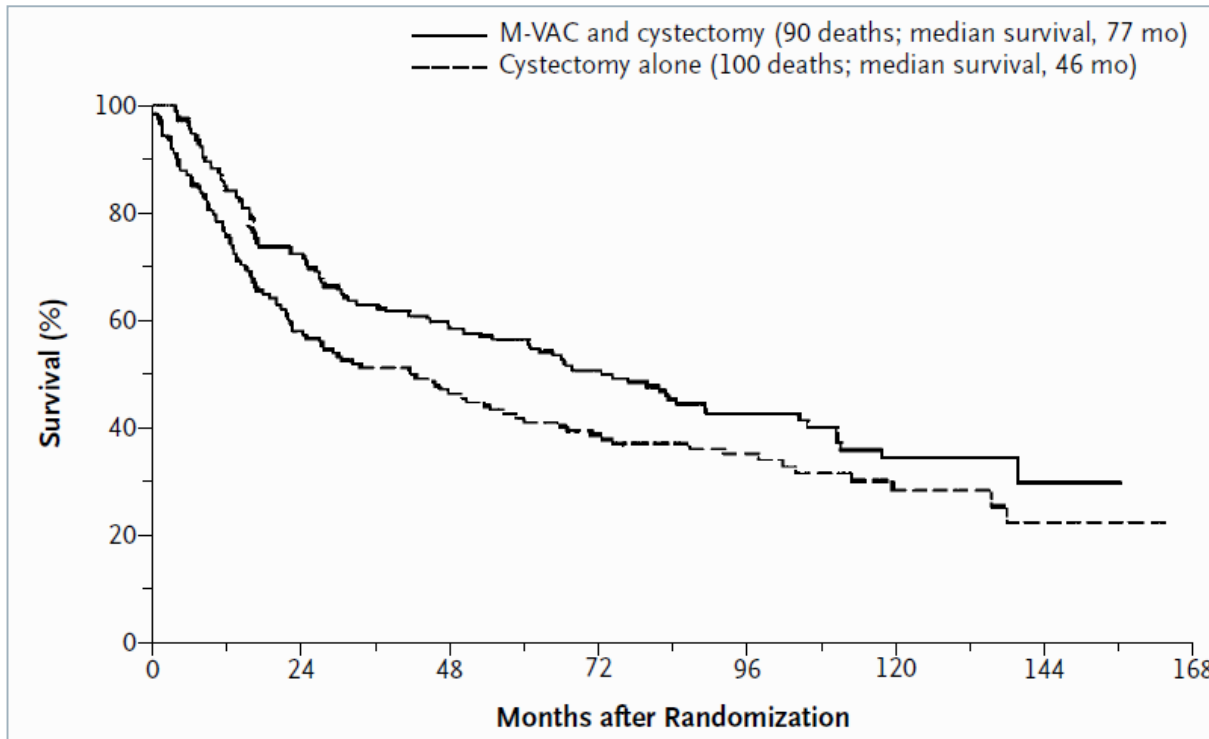
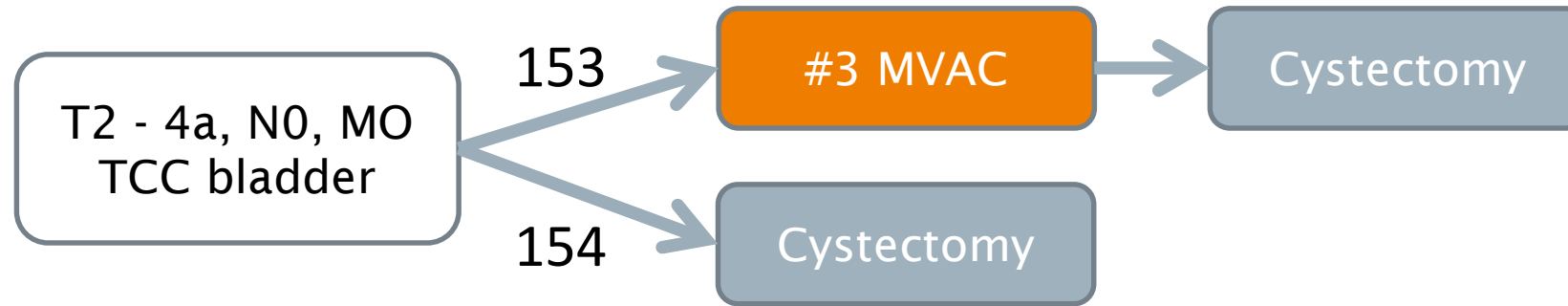
10 year overall survival:

30% versus 36%

HR 0.84 (95% CI 0.72 – 0.99)

p = 0.037

# The SWOG 8710 neoadjuvant trial



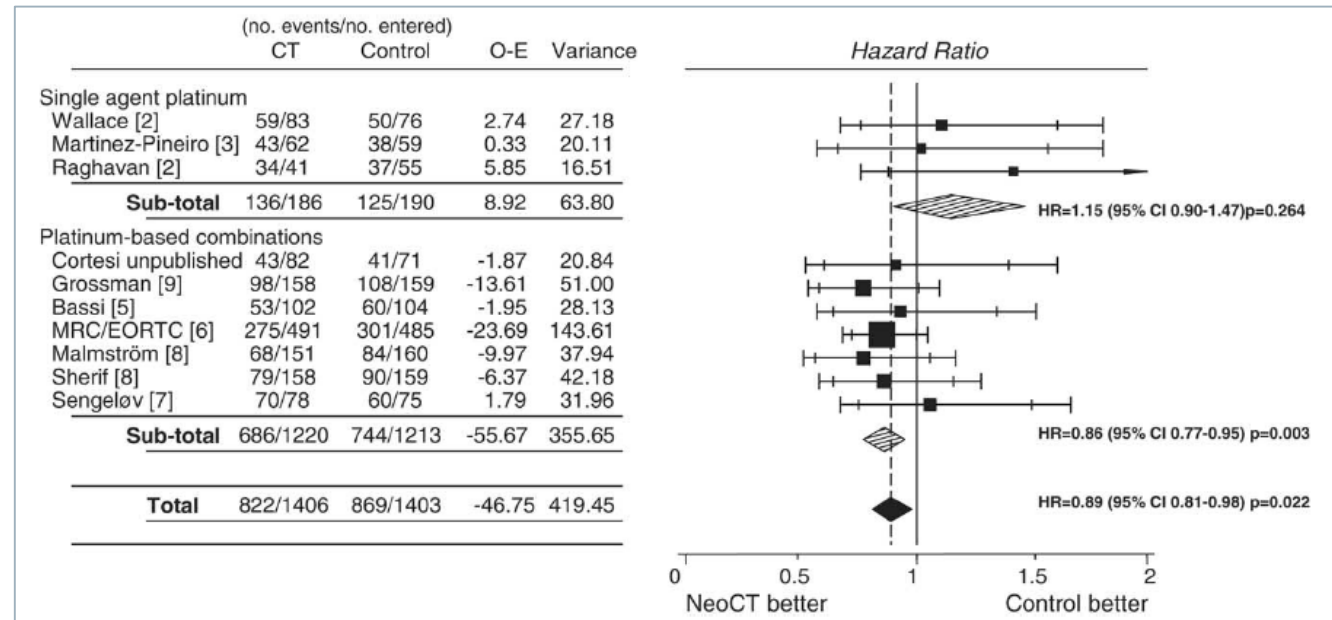
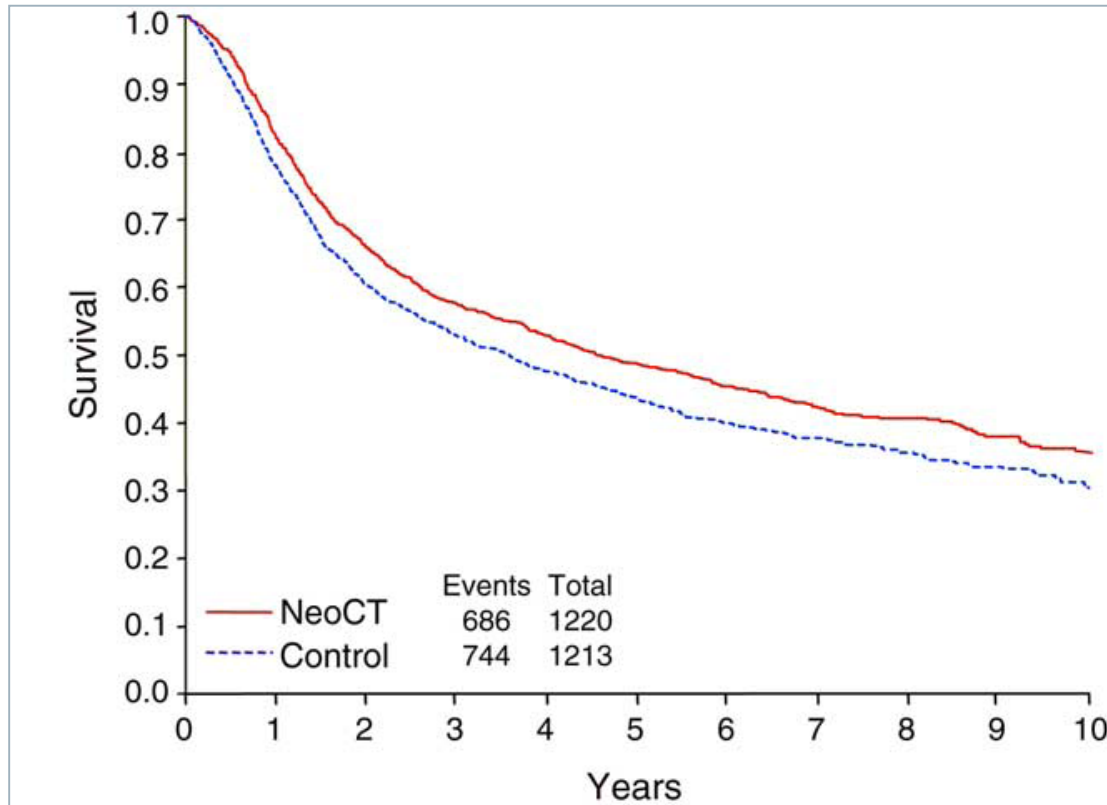
Median overall survival:

46 (C) versus 77 (C+MVAC) months

HR 1.33 95% CI 1.00 – 1.76

p = 0.05

# ABC Neoadjuvant meta analysis



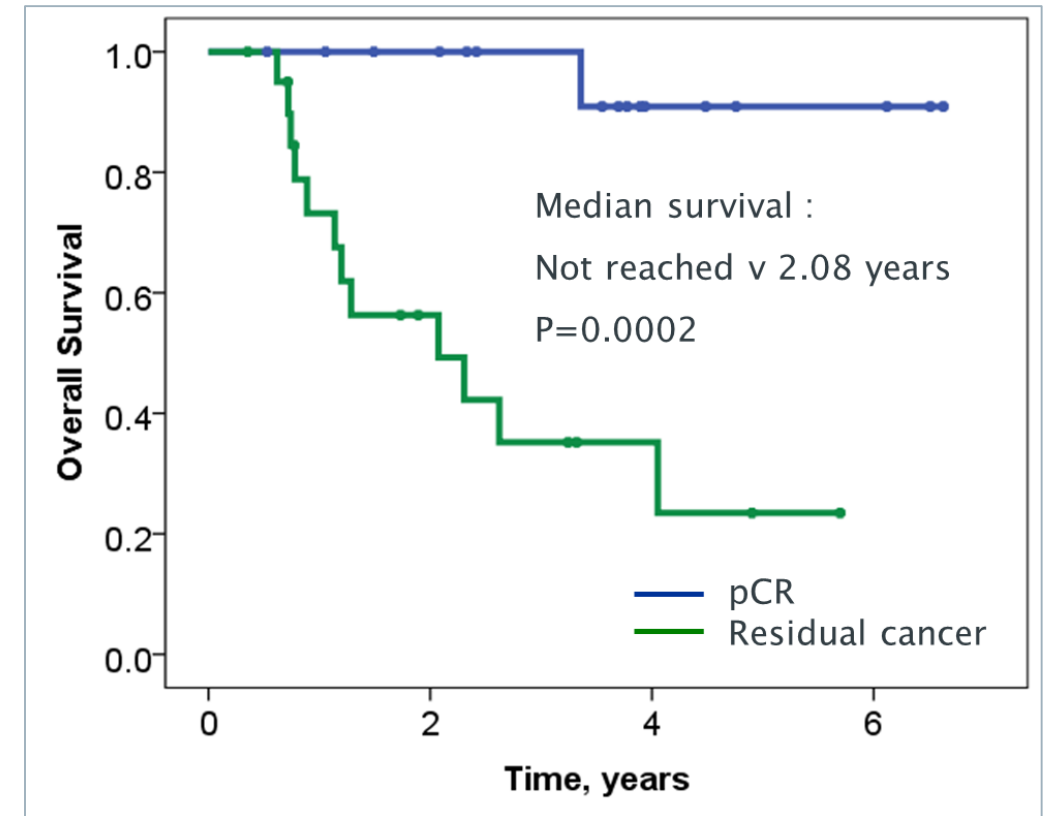
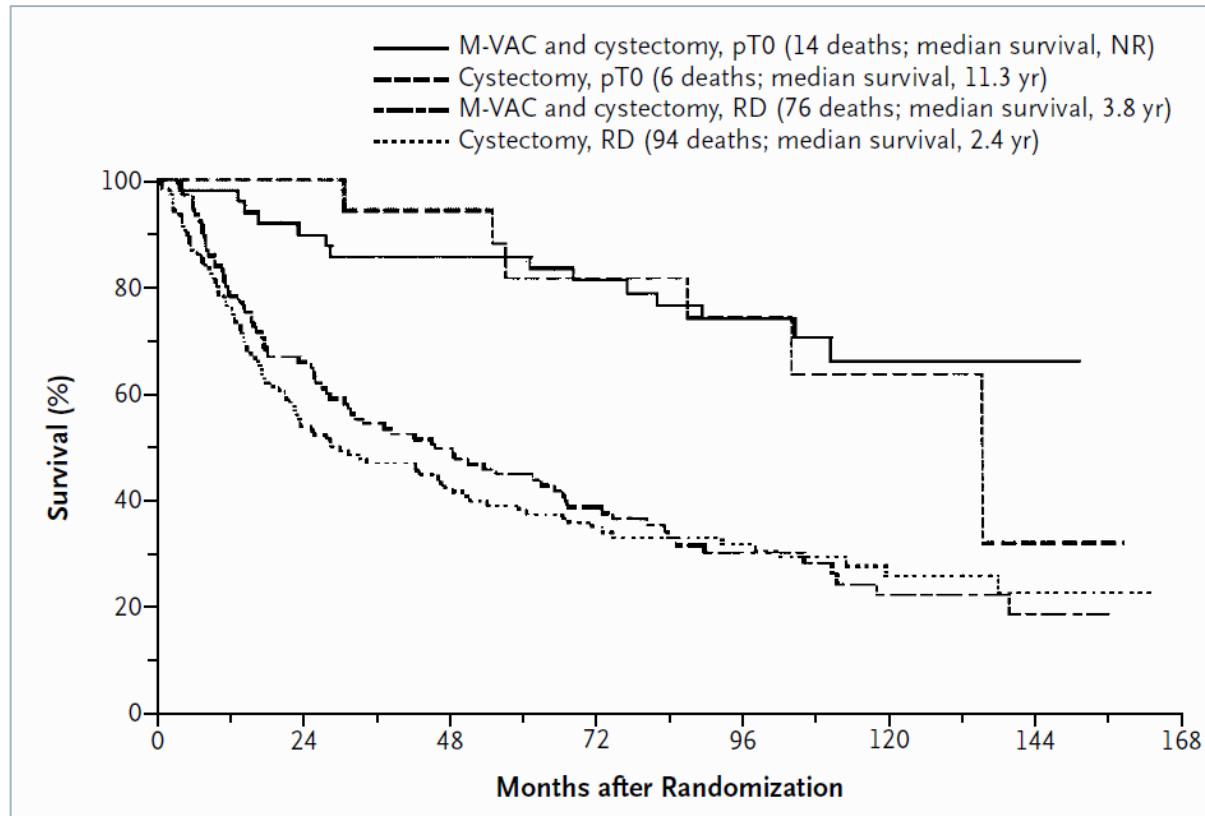
# What to use and who is 'fit for cisplatin'?

- Most UK centres use 3-4 cycles of cisplatin/gemcitabine
- A few use accelerated MVAC
- Neither of these were tested in a randomised neoadjuvant phase III trial!
- No randomised evidence for benefit for non-cisplatin based regimens (so personally I do not use them...)
- The definition below is now common in UC trials based on consensus opinion. It is not fully consistent with the neoadjuvant MRC or ECOG trials (or my personal practice...)

- ECOG performance status  $\geq 2$
- Creatinine clearance  $< 60$  mL/min
- Grade  $\geq 2$  hearing loss
- Grade  $\geq 2$  neuropathy
- NYHA class III cardiac failure

# pCR as a prognostic factor at cystectomy

- pCR rate the most important prognostic factor
- 38% with chemo vs 15% without in the MVAC trial



# Subgroups and neoadjuvant chemotherapy benefit

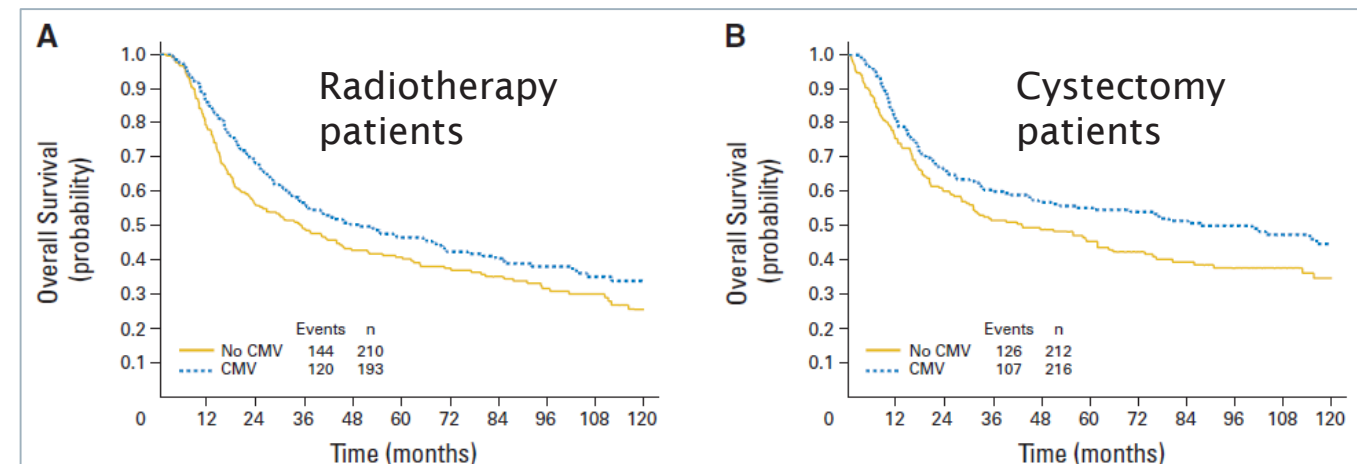
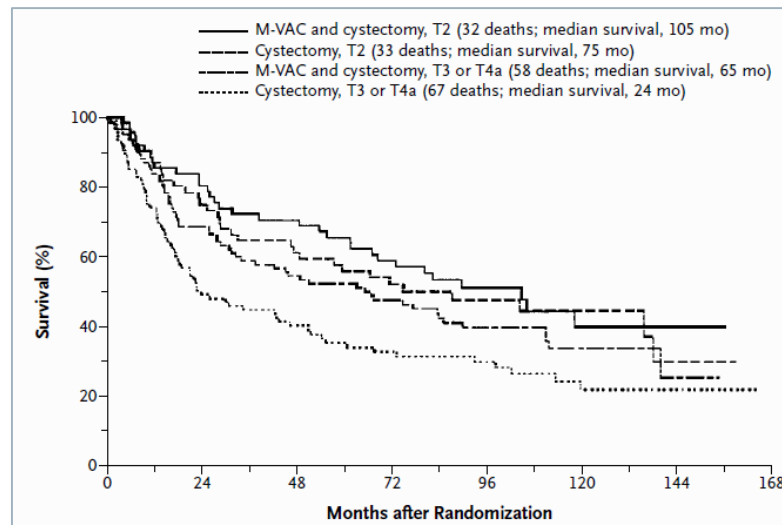
**Table 4. Stratified and Unstratified Survival Analysis.\***

Variable	Median Survival		P Value†
	M-VAC and Cystectomy	Cystectomy Alone	
	months		
Unstratified	77	46	0.05
Primary analysis, stratified according to age and tumor stage			0.06
Stratified according to age			0.05
Age <65 yr	104	67	
Age ≥65 yr	61	30	
Stratified according to tumor stage			0.05
T2	105	75	
T3 or T4a	65	24	

	x <sup>2</sup> value for interaction or trend (degrees of freedom)	p
Age (<55, 55–65, >65 years)	0.77 (1)	0.380
Sex (male, female)	0.75 (1)	0.387
T category (T2, T3, T4a)	0.88 (1)	0.348
Histological grade (G1/G2, G3)	8.58 (1)	0.003*
Local radical treatment (RT, cystectomy, RT and cystectomy)	0.01 (2)	0.908
WHO performance status (0, 1, 2/3)	0.006 (1)	0.939
Nodal status (N0, NX)	0.002 (1)	0.964
Tumour size (<2.5, 2.6–5.0, >5 cm)	3.54 (1)	0.060
Renal function (≤59, 60–69, >69 [GFR])	5.10 (1)	0.024†

RT=radiotherapy; GFR=glomerular filtration rate. \*In favour of G3 (ie, benefit of chemotherapy greater in G3 group than in G1/G2 group). †In favour of GFR >69 mL/min (ie, chemotherapy becomes more effective than no chemotherapy as GFR increases).

**Table 3: Results of subgroup analyses**

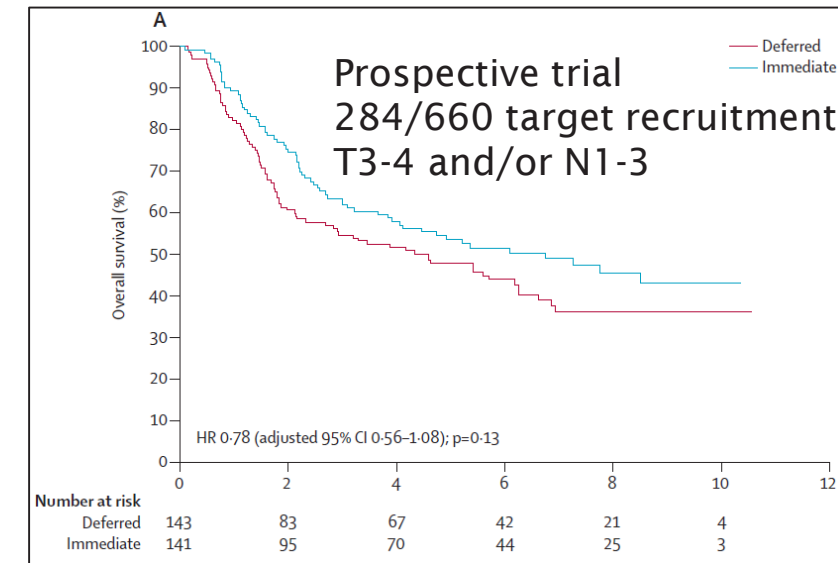
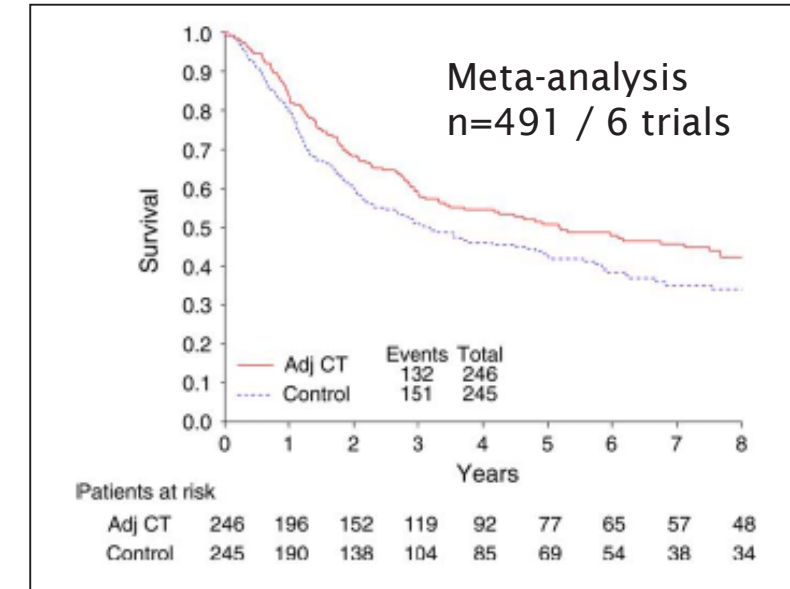
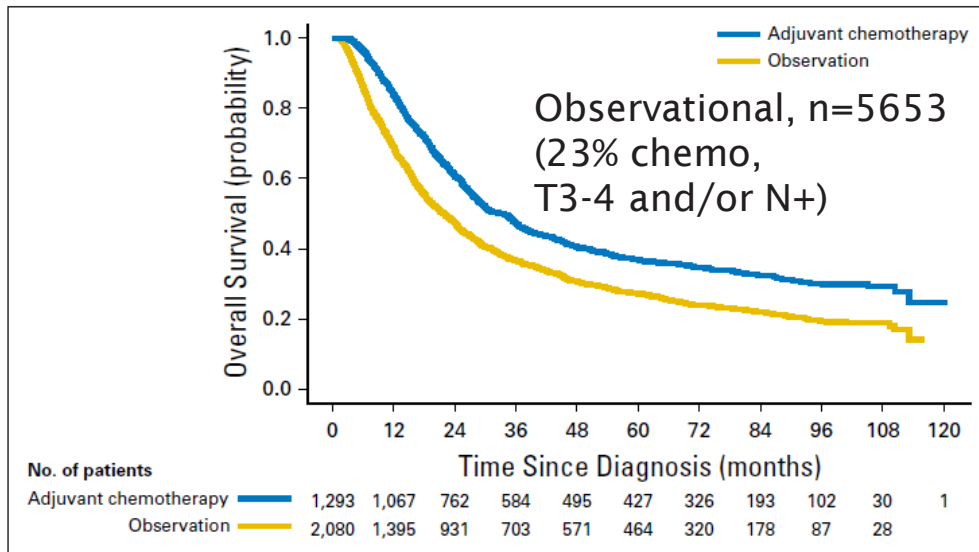




# Adjuvant chemotherapy

No single positive 'adequate' trial

Similar absolute survival benefit according to available data



# Chemo-radiotherapy versus radiotherapy

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Radiotherapy with or without Chemotherapy in Muscle-Invasive Bladder Cancer

Nicholas D. James, M.B., B.S., Ph.D., Syed A. Hussain, M.B., B.S., M.D.,  
Emma Hall, Ph.D., Peter Jenkins, M.B., B.S., Ph.D., Jean Tremlett, M.Sc.,  
Christine Rawlings, M.Sc., Malcolm Crundwell, M.D., B.Chir.,  
Bruce Sizer, M.B., B.S., Thiagarajan Sreenivasan, M.B., B.S.,  
Carey Hendron, M.Sc., Rebecca Lewis, B.Sc., Rachel Waters, M.Sc.,  
and Robert A. Huddart, M.B., B.S., Ph.D., for the BC2001 Investigators\*

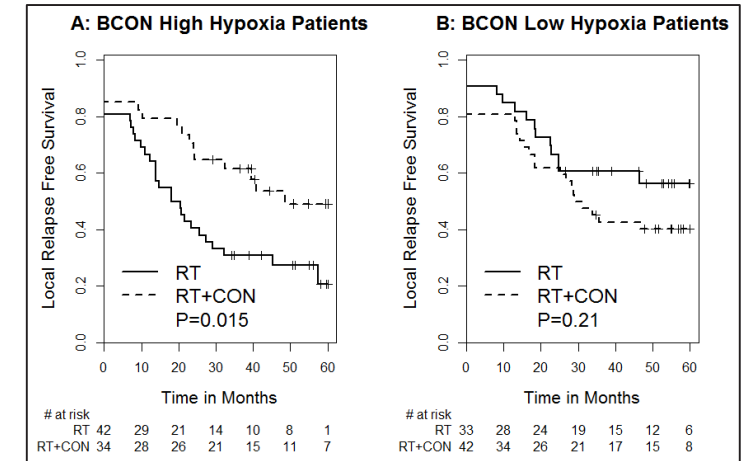
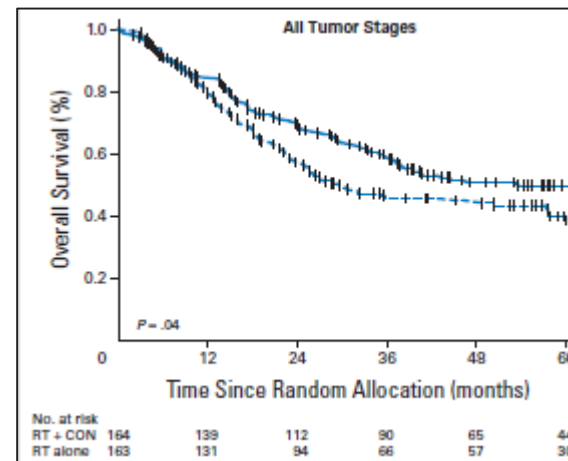
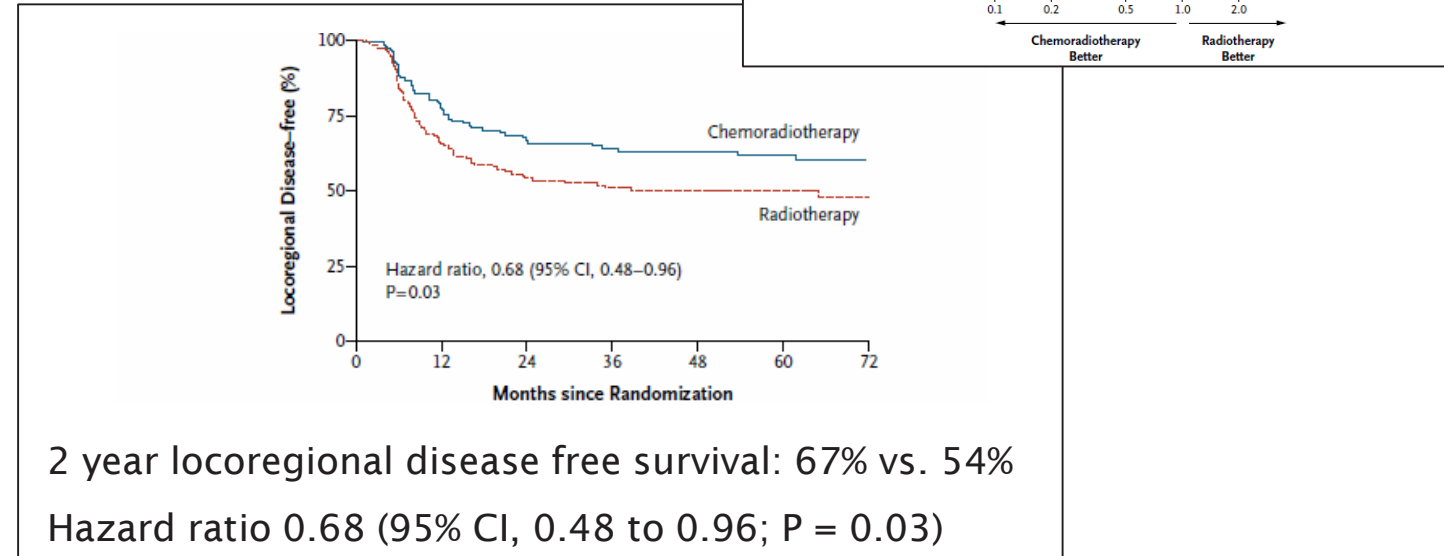
VOLUME 28 • NUMBER 23 • NOVEMBER 20 2010

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

## Radiotherapy With Concurrent Carbogen and Nicotinamide in Bladder Carcinoma

Peter J. Hoskin, Ana M. Rojas, Søren M. Bentzen, and Michele I. Saunders



# POUT – adjuvant chemotherapy for upper tract UC

## Results of POUT - A phase III randomised trial of peri-operative chemotherapy versus surveillance in upper tract urothelial cancer (UTUC)

**Alison Jane Birtle\***, John David Chester, Robert Jones, Mark Johnson, Michaela Hill, Richard T Bryan, James Catto, Jenny Donovan, Ann French, Chris Harris, Francis Keeley, Roger Kockelbergh, Thomas Powles, Rachel Todd, Lucy Tregellas, Caroline Wilson, Andrew Winterbottom, Rebecca Lewis, Emma Hall, on behalf of the POUT Investigators

\*Chief Investigator

PRESENTED AT: 2018 Genitourinary Cancers Symposium  
*Slides are the property of the author. Permission required for reuse*

## POUT Trial design

Patients with invasive upper tract urothelial carcinoma (UTUC)  
within 90 days following nephro-ureterectomy

Surveillance

Platinum based  
chemotherapy typed by  
GFR

Follow up 3 monthly to 12 months, 6 monthly to 36 months  
and annually thereafter:

At each visit: chest imaging, biochemistry & haematology  
(to 24 months)

6 monthly to 24 months: toxicity assessment (CTCAE v4),  
cystoscopy (annually thereafter)

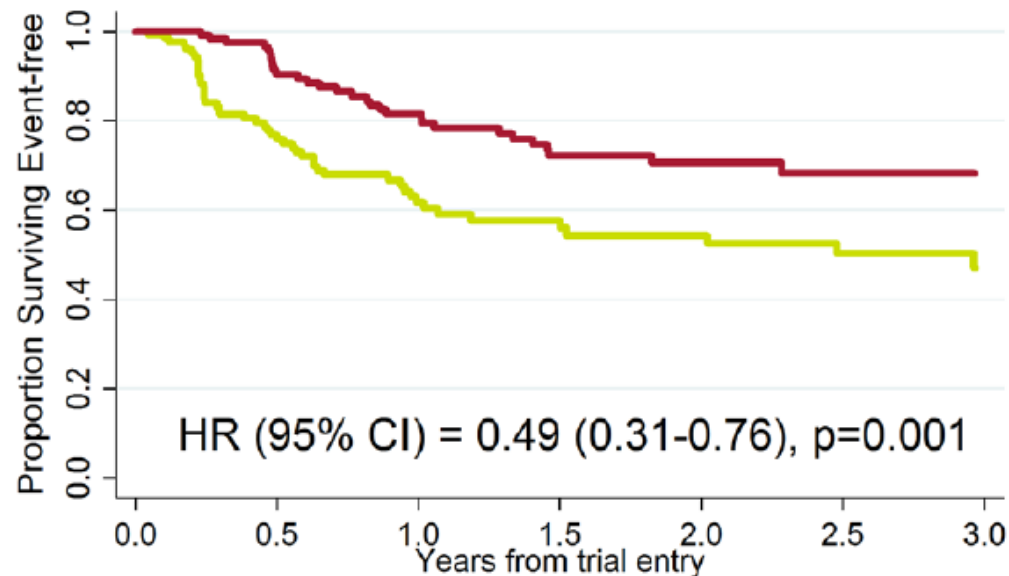
3, 6, 12, 18, 24mths: CT abdo/pelvis (annually thereafter)

Treatment according to patient and local investigators'  
decision at relapse

# POUT – adjuvant chemotherapy for upper tract UC

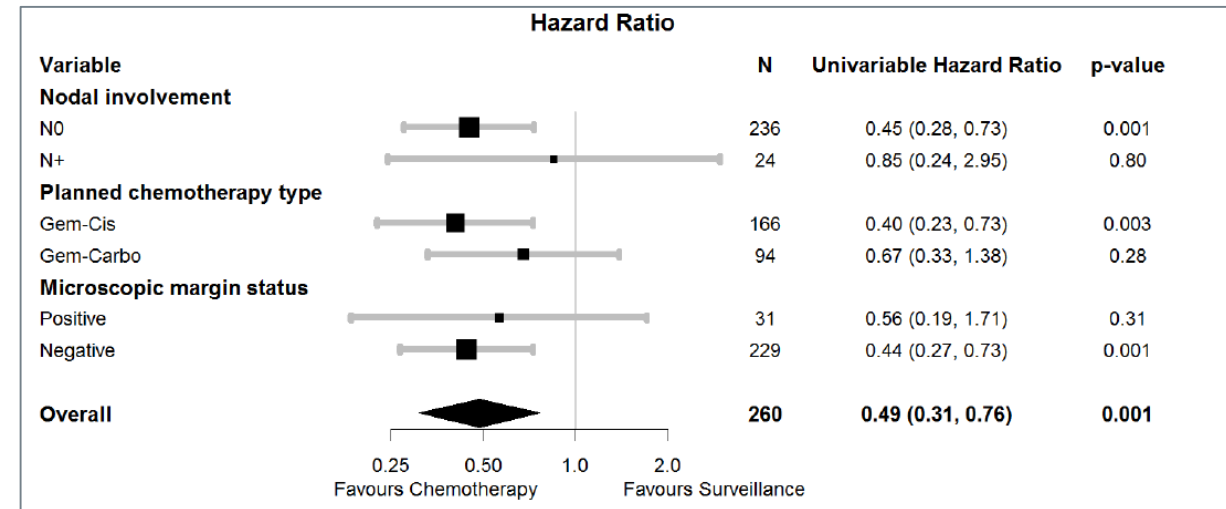
## Primary endpoint: DFS

Kaplan Meier Survival Curve by Arm  
Disease Free Survival

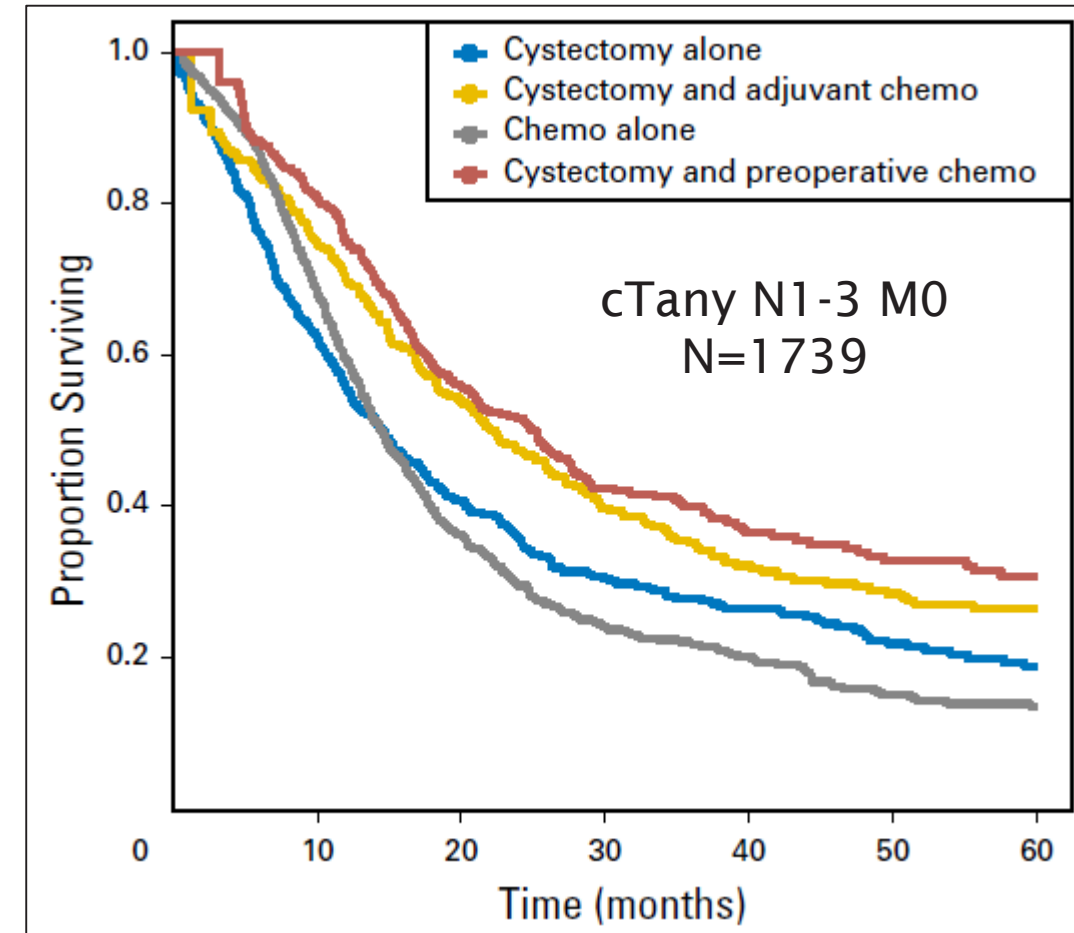
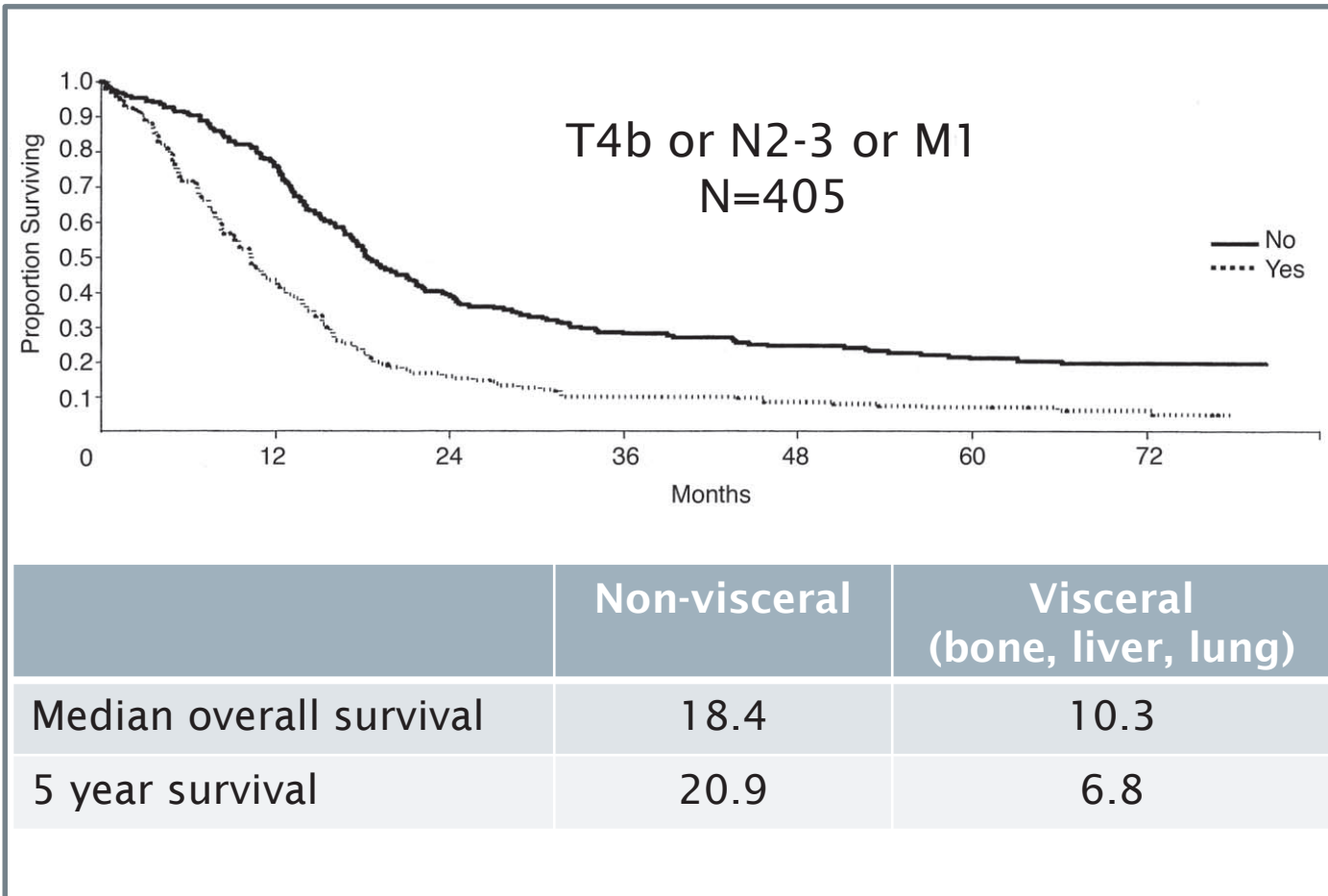


N at risk (events)													
	0.0	0.5	1.0	1.5	2.0	2.5	3.0						
Surveillance	129	(27)	81	(14)	48	(3)	37	(2)	30	(2)	22	(1)	14
Chemotherapy	131	(11)	100	(9)	79	(8)	55	(1)	42	(1)	26	(0)	18

— Surveillance — Chemotherapy



# Cure for non-visceral metastatic disease?

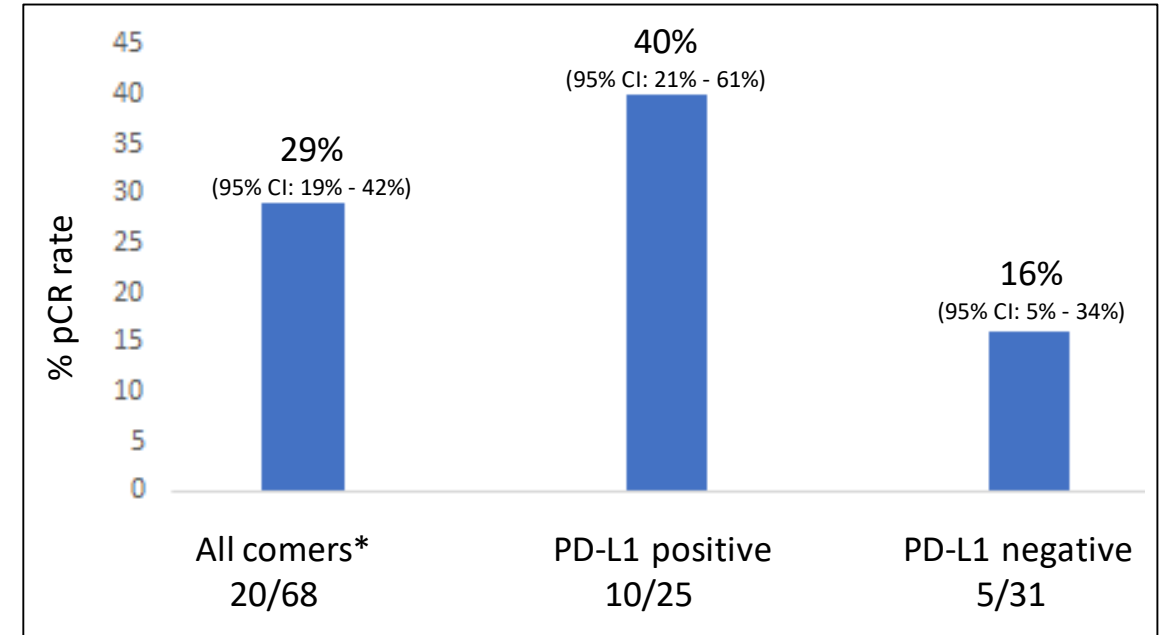


# Peri-operative immunotherapy

## Neoadjuvant pembrolizumab

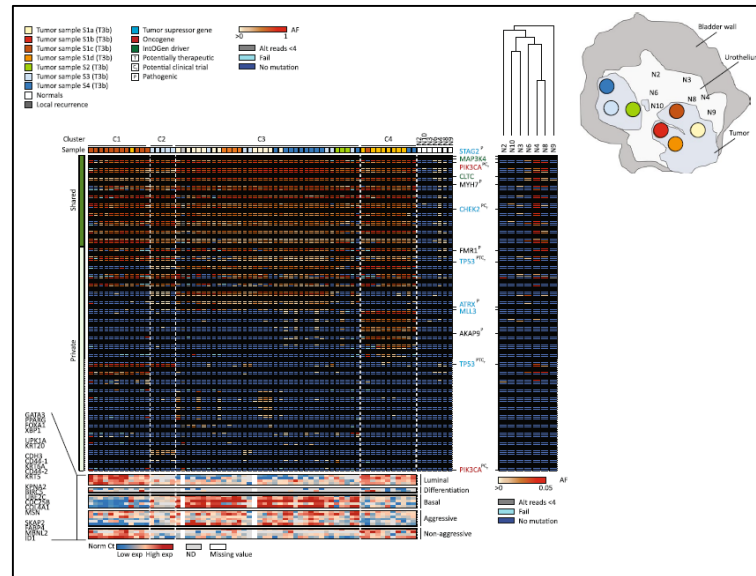
Response	All Treated Patients (N = 50)	PD-L1 CPS $\geq 10\%$ (n = 35)	PD-L1 CPS $< 10\%$ (n = 15)
Primary end point			
Pathologic complete response, No. (%)	21 (42)	19 (54.3)	2 (13.3)
95% CI	28.2 to 56.8		
Secondary end point			
Pathologic downstaging to pT<2, No. (%)	27 (54)	23 (65.7)	4 (26.7)
95% CI*	39.3 to 68.2		

## Neoadjuvant atezolizumab



Comparison	Name	n	Setting	Primary endpoint	Completion
Pembrolizumab Observation	AMBASSADOR	739	Adjuvant	OS/DFS	2019
Atezolizumab Observation	IMvigor010	800	Adjuvant	DFS	2022
Nivolumab Placebo	CheckMate274	640	Adjuvant	DFS	2020





# Conclusions

- Cisplatin based neoadjuvant combination chemotherapy provides a modest absolute survival advantage for bladder transitional cell carcinoma
- Adjuvant chemotherapy for bladder cancer has lower level evidence to support its use but appears to provide a similar benefit
- Adjuvant platinum based chemotherapy extends disease free survival in UTUC
- There are no randomised data to support peri-operative non-cisplatin based regimens (except in UTUC)
- Immunotherapy has activity in phase II trials. Level 1 randomised data is awaited
- Radiotherapy outcomes are improved with radio-sensitizers
- Treatment selection holds potential to improve on modest absolute benefits but we lack prospectively validated predictive biomarkers