



**GBECAM-LACOG**  
CONFERÊNCIA BRASILEIRA  
DE CÂNCER DE MAMA 2018

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# Terapia Adjuvante para Câncer de Mama HER2 positivo: menos é mais?

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# Conflitos de Interesse

- Nenhum conflito para essa apresentação

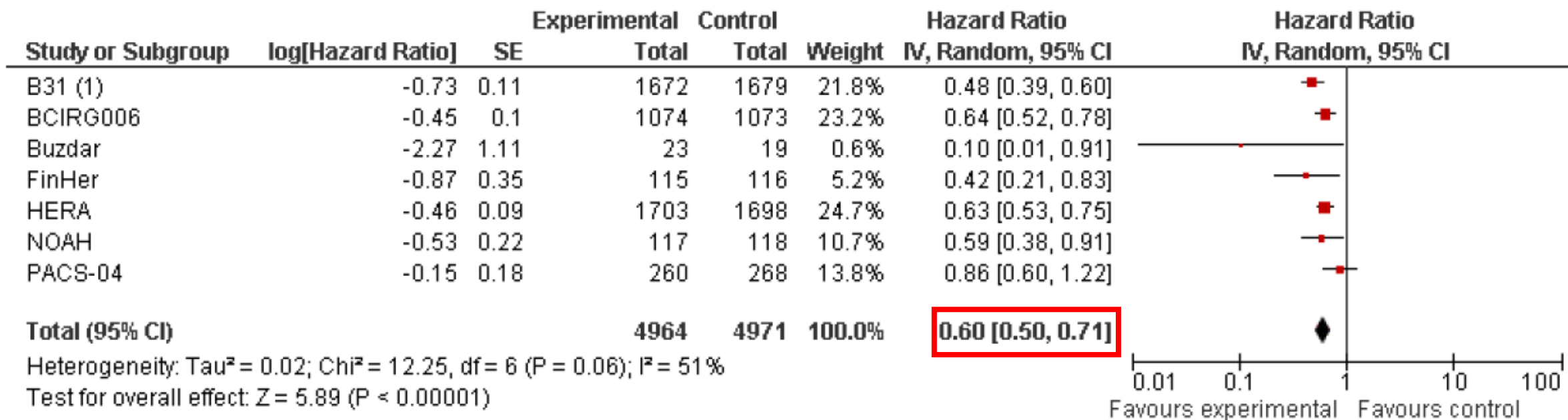
# O que abordaremos?

Descalonamento de terapias no câncer de mama inicial HER2+:

- Menos tempo de tratamento com trastuzumabe?
- Menos quimioterapia?

# Trastuzumab containing regimens for early breast cancer (Review)

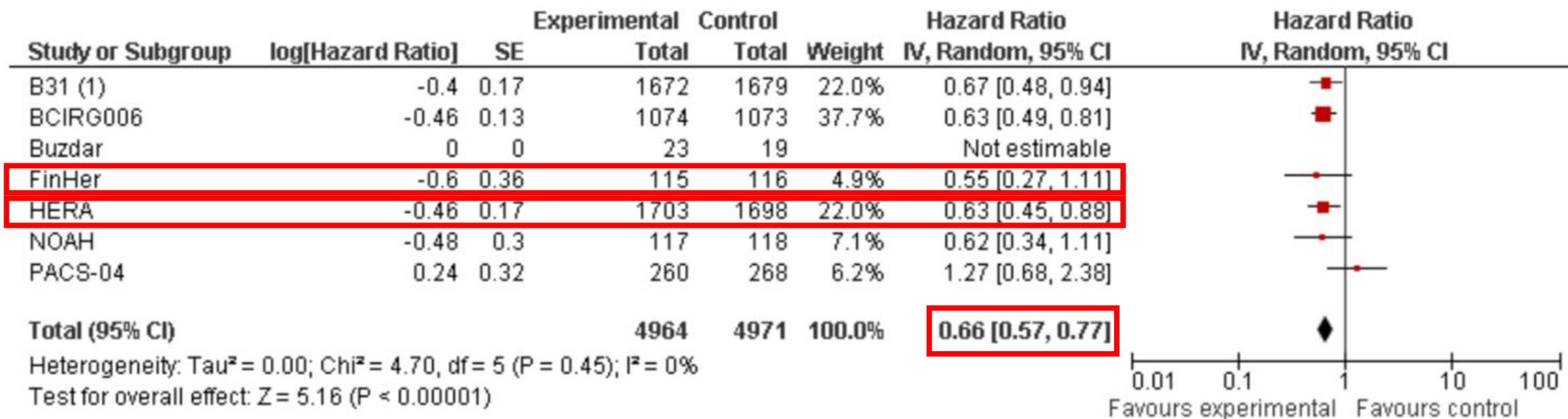
Figure 7. Disease-free survival: all studies.



(1) B31+N9831

# Trastuzumab containing regimens for early breast cancer (Review)

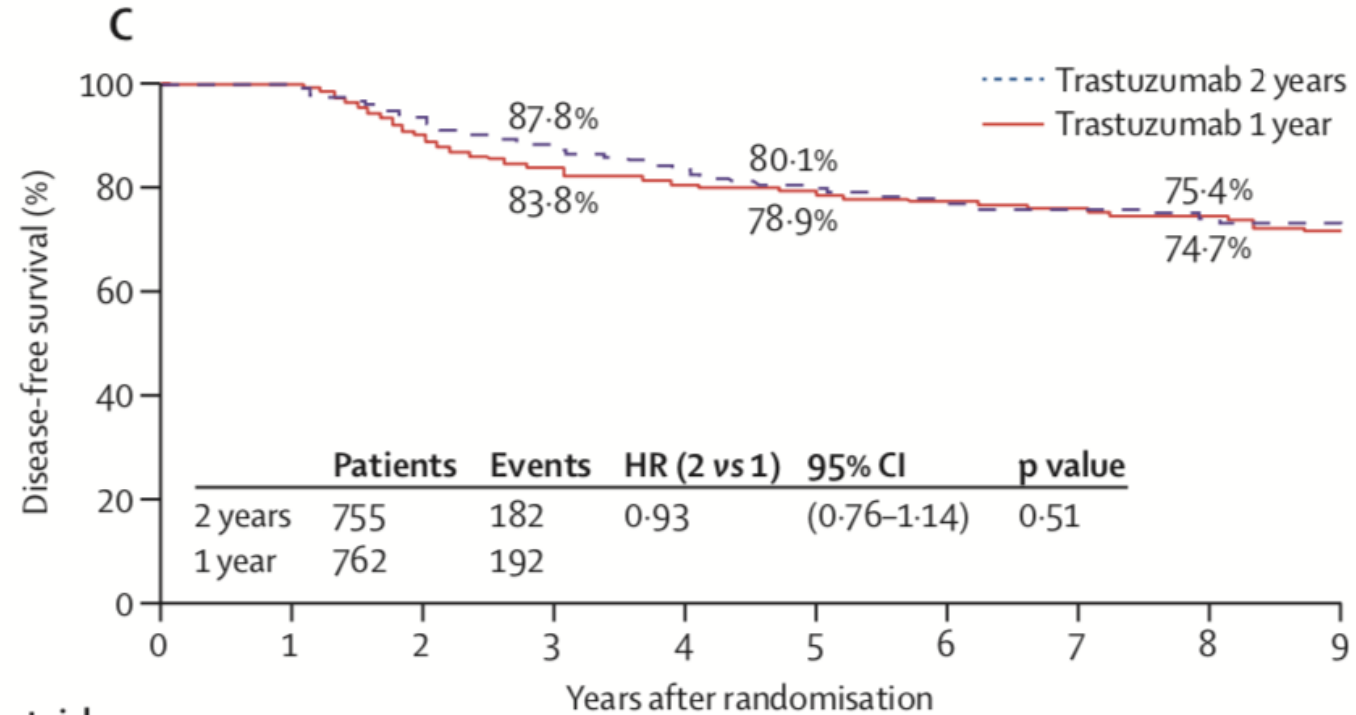
Figure 4. Overall survival: all studies.



(1) B31+N9831

# HERA trial

## 2 years versus 1 year of adjuvant trastuzumab for HER2 positive breast cancer (HERA): an open-label, randomised controlled trial



|         | Patients | Events | HR (2 vs 1) | 95% CI      | p value |
|---------|----------|--------|-------------|-------------|---------|
| 2 years | 755      | 182    | 0.93        | (0.76-1.14) | 0.51    |
| 1 year  | 762      | 192    |             |             |         |

|                     | Number at risk |     |     |     |     |     |     |     |     |    |
|---------------------|----------------|-----|-----|-----|-----|-----|-----|-----|-----|----|
|                     | 0              | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9  |
| Trastuzumab 2 years | 755            | 755 | 695 | 651 | 619 | 581 | 556 | 507 | 312 | 97 |
| Trastuzumab 1 year  | 762            | 762 | 677 | 628 | 602 | 580 | 563 | 512 | 312 | 99 |



# Qual é a duração ideal de trastuzumabe no cenário adjuvante?

## Hypotesis:

A shorter duration of trastuzumab administered concomitantly with chemotherapy might produce comparable efficacy with significantly lower toxicities and costs.

**PHARE trial**

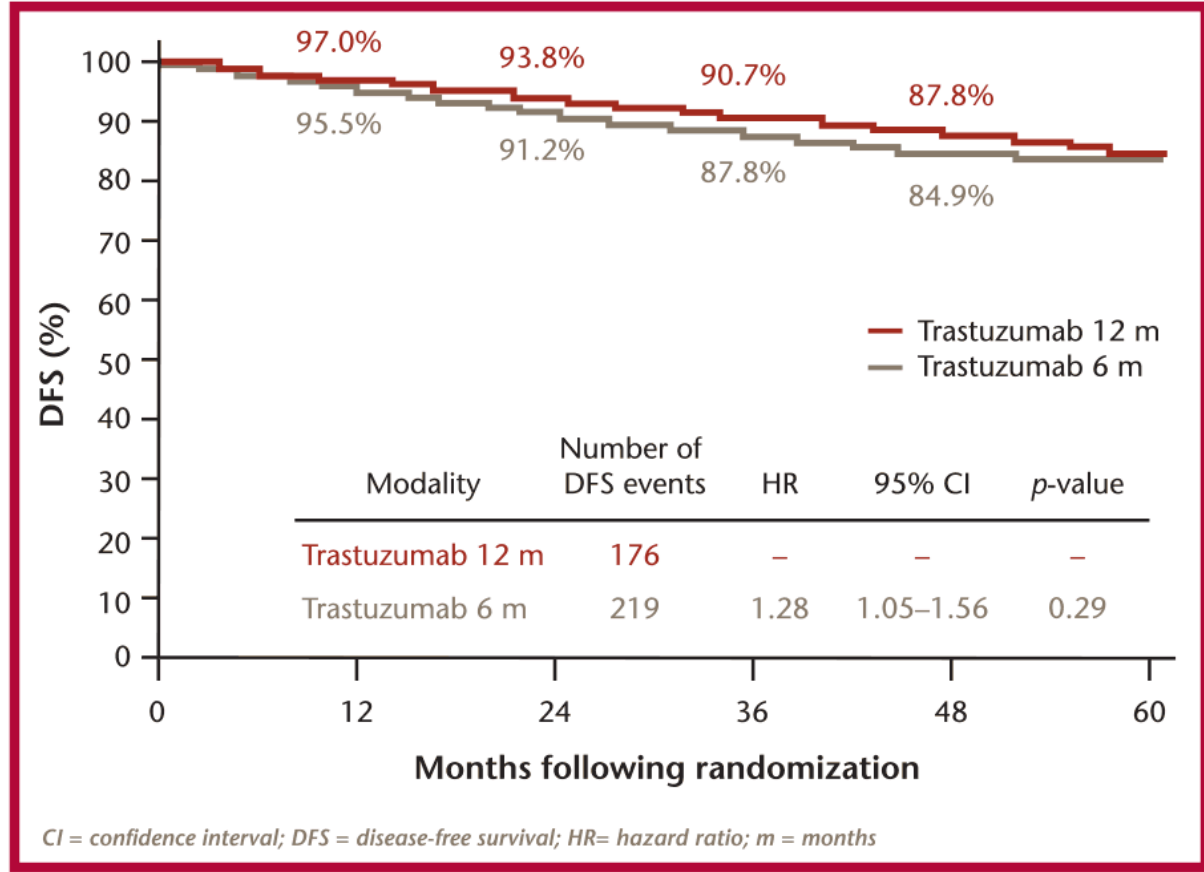
# 6 months versus 12 months of adjuvant trastuzumab for patients with HER2-positive early breast cancer (PHARE): a randomised phase 3 trial

- Eligibility**
- HER2-positive, operable breast cancer
  - Node-positive or node-negative
  - Tumor size  $\geq 10$  mm
  - $\geq 4$  cycles of (neo)adjuvant chemotherapy
  - Received 6 months of trastuzumab



**Trastuzumab Up to 12 months (n = 1,690)**

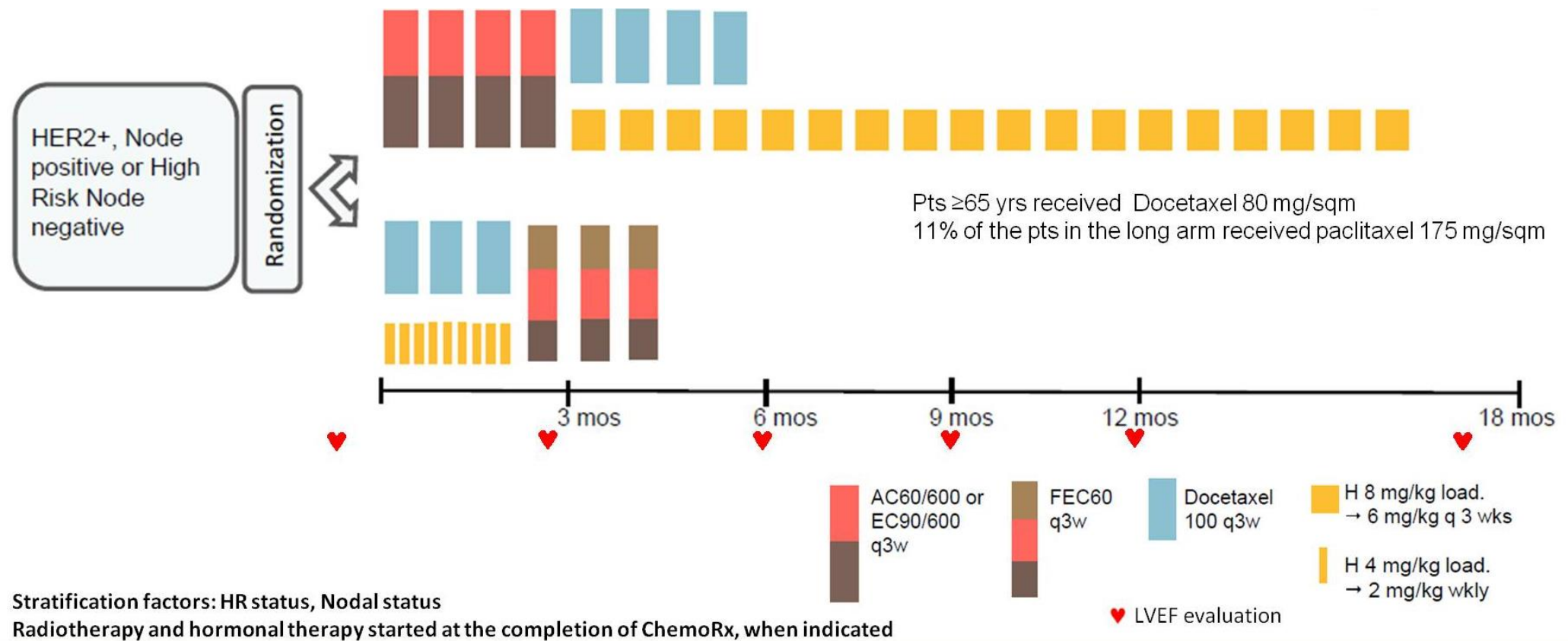
**Stop trastuzumab (n = 1,690)**





# Short-HER

## 9 weeks versus 1 year adjuvant trastuzumab in combination with chemotherapy: results of the phase III multicentric Italian Short-HER Study



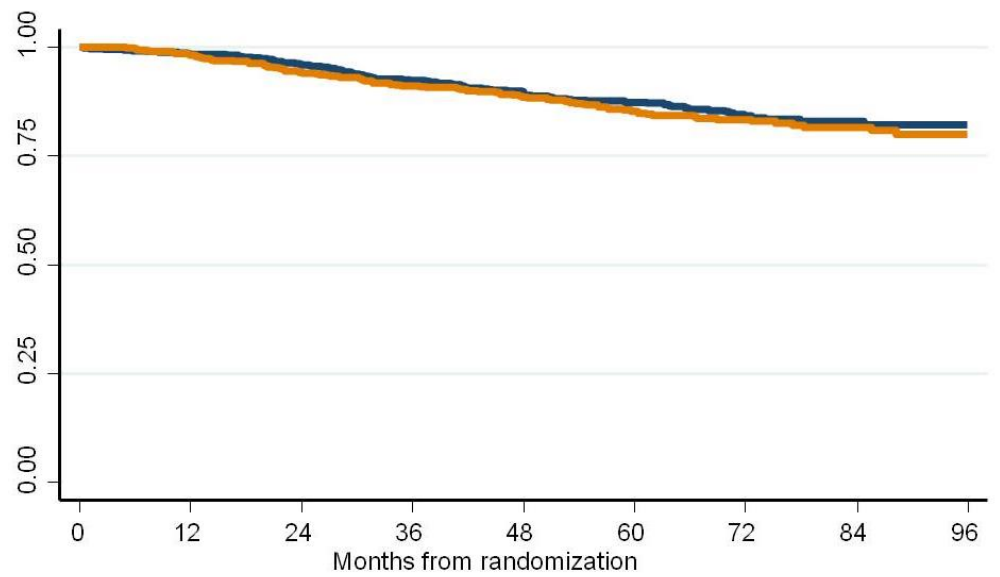
Stratification factors: HR status, Nodal status  
Radiotherapy and hormonal therapy started at the completion of ChemoRx, when indicated



Short-HER

# 9 weeks versus 1 year adjuvant trastuzumab in combination with chemotherapy: results of the phase III multicentric Italian Short-HER Study

## Disease-Free Survival

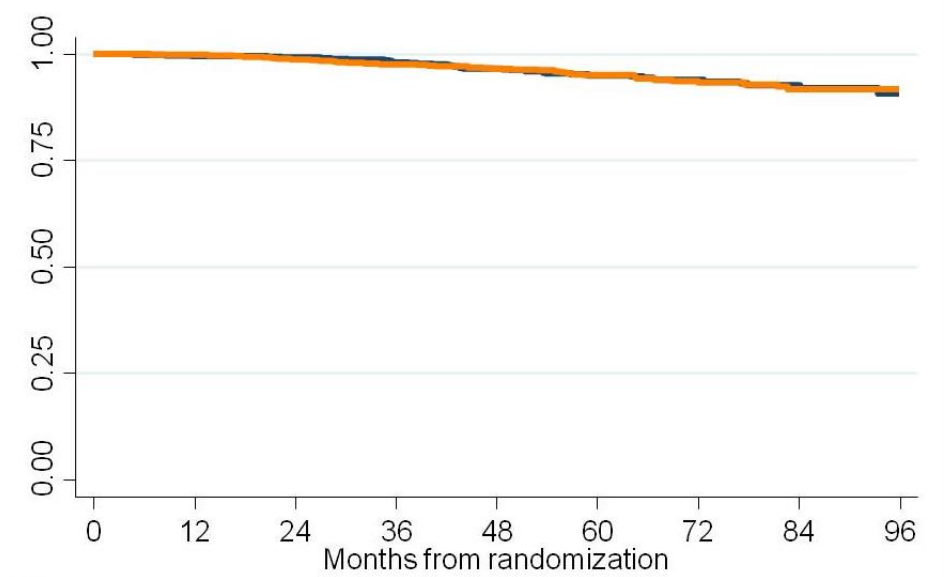


Number at risk

|         |     |     |     |     |     |     |     |     |    |
|---------|-----|-----|-----|-----|-----|-----|-----|-----|----|
| A long  | 627 | 608 | 592 | 566 | 482 | 374 | 239 | 132 | 43 |
| B short | 626 | 601 | 576 | 554 | 476 | 351 | 233 | 120 | 46 |

— A long — B short

## Overall Survival



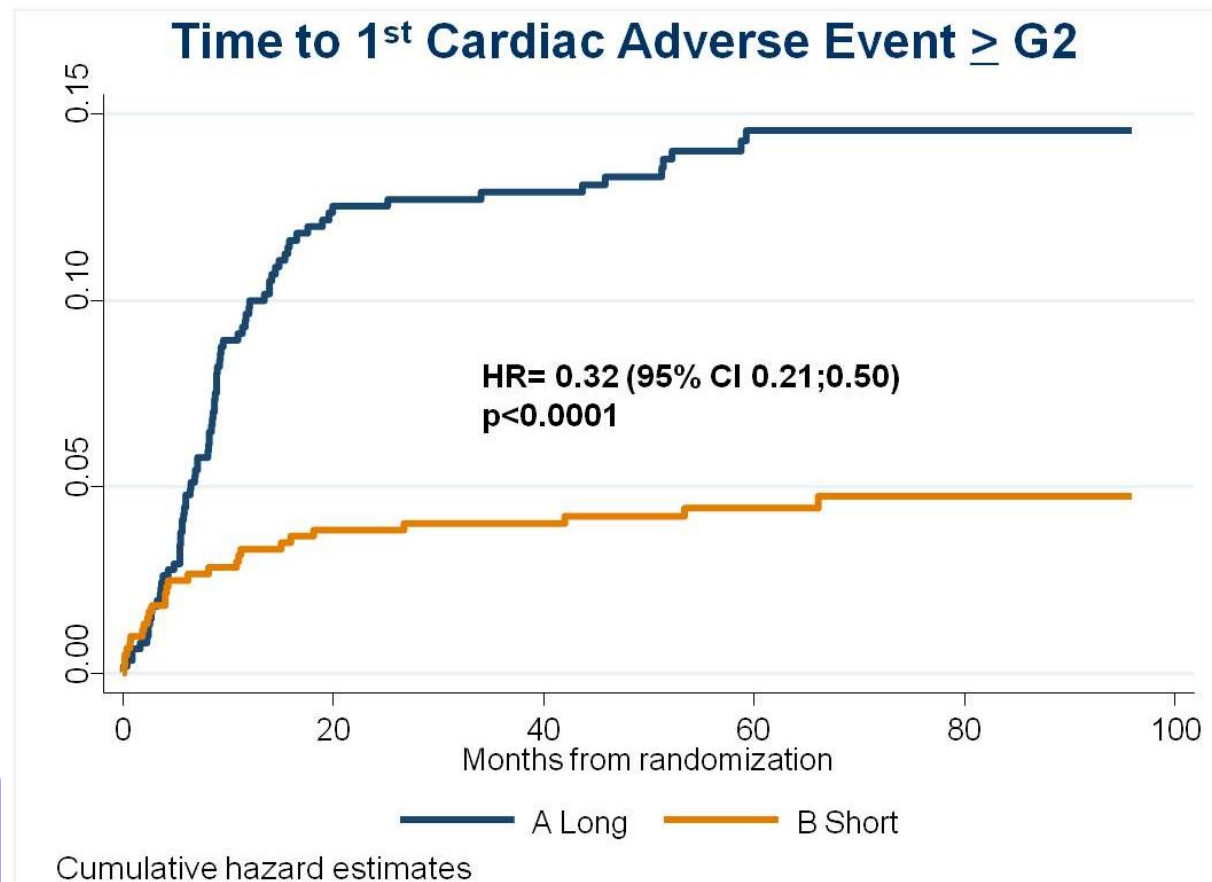
Number at risk

|         |     |     |     |     |     |     |     |     |    |
|---------|-----|-----|-----|-----|-----|-----|-----|-----|----|
| A long  | 627 | 615 | 612 | 601 | 519 | 408 | 268 | 149 | 50 |
| B short | 626 | 610 | 602 | 591 | 516 | 389 | 258 | 129 | 50 |

— A long — B short

Short-HER

# 9 weeks versus 1 year adjuvant trastuzumab in combination with chemotherapy: results of the phase III multicentric Italian Short-HER Study



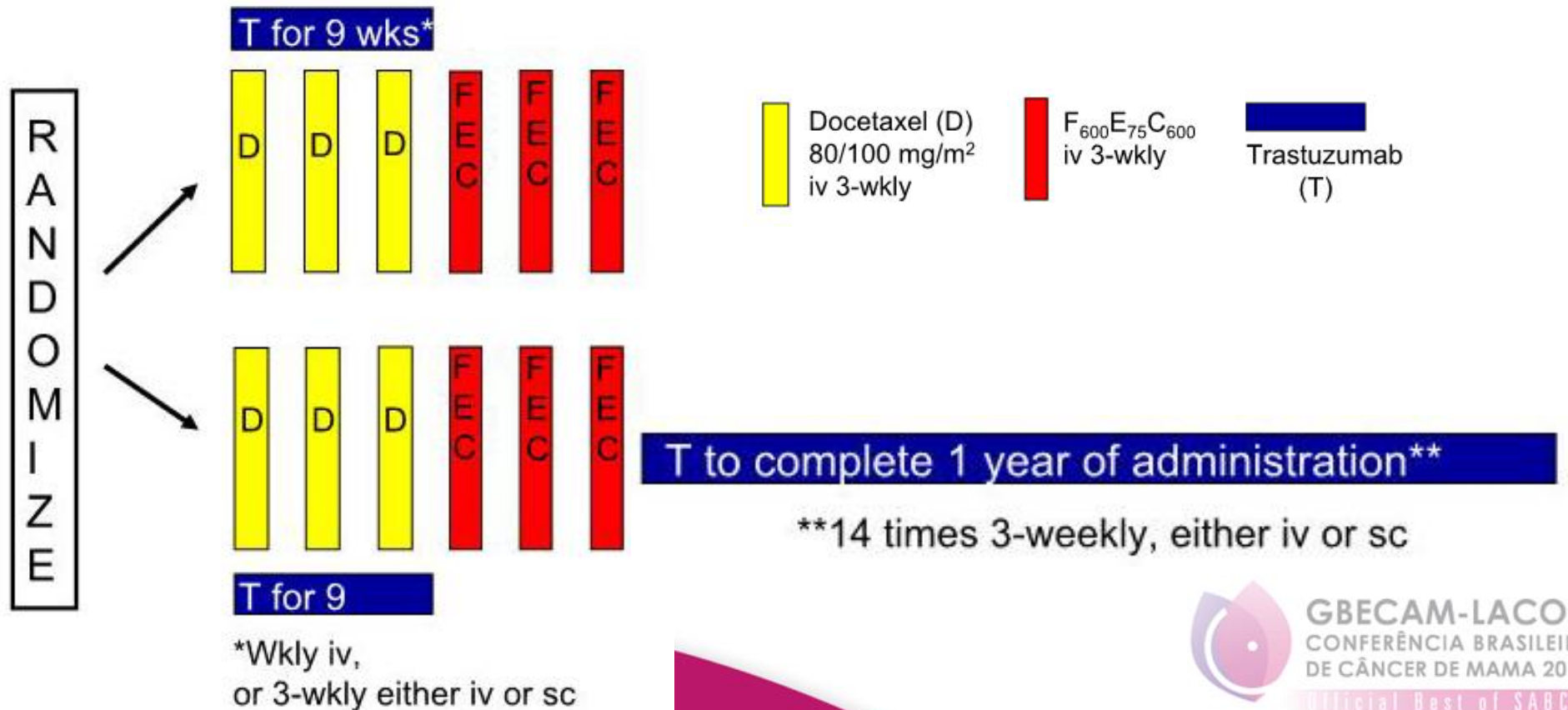
## Number of cardiac events

| Grade        | Long<br>N(%)     | Short<br>N(%)   |
|--------------|------------------|-----------------|
| 2            | 70 (11.2)        | 22 (3.5)        |
| 3            | 17 (2.7)         | 7 (1.1)         |
| 4            | 3 (0.5)          | 3 (0.5)         |
| <b>Total</b> | <b>90 (14.4)</b> | <b>32 (5.1)</b> |

SOLD

A randomized phase III study of adjuvant trastuzumab for a duration of **9 weeks versus 1 year**, combined with adjuvant taxane-anthracycline chemotherapy, for early HER2-positive breast cancer

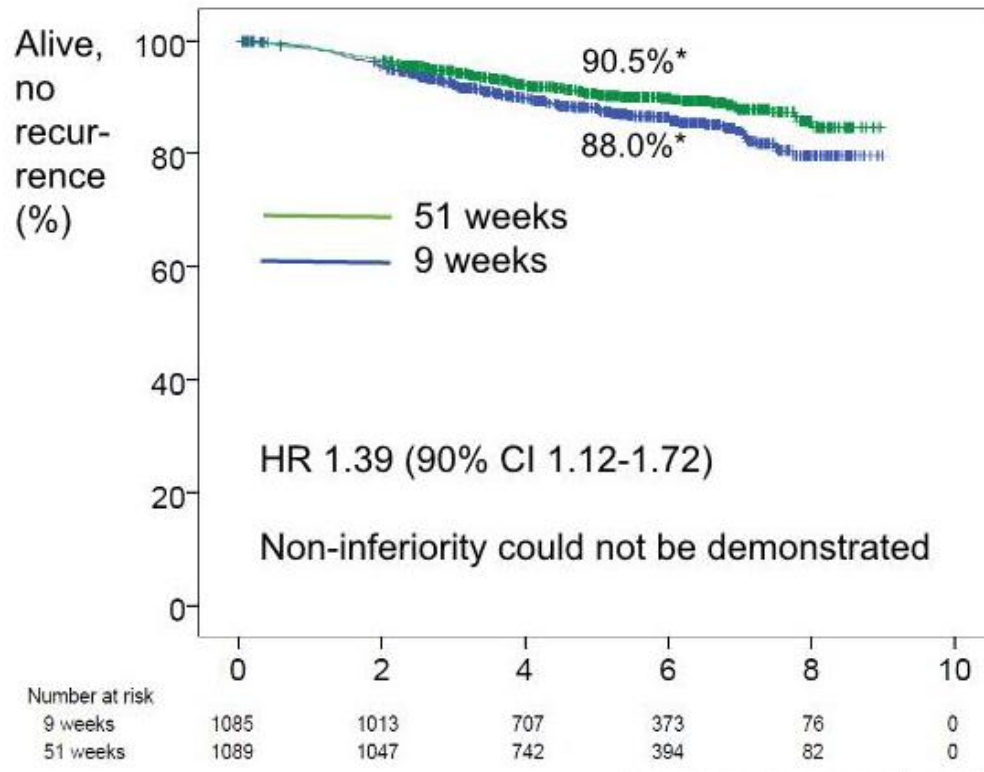
- PS 0-1
- Câncer de mama HER2 positivo
- LN+ ou LN neg com tamanho >5mm
- LVEF 50%



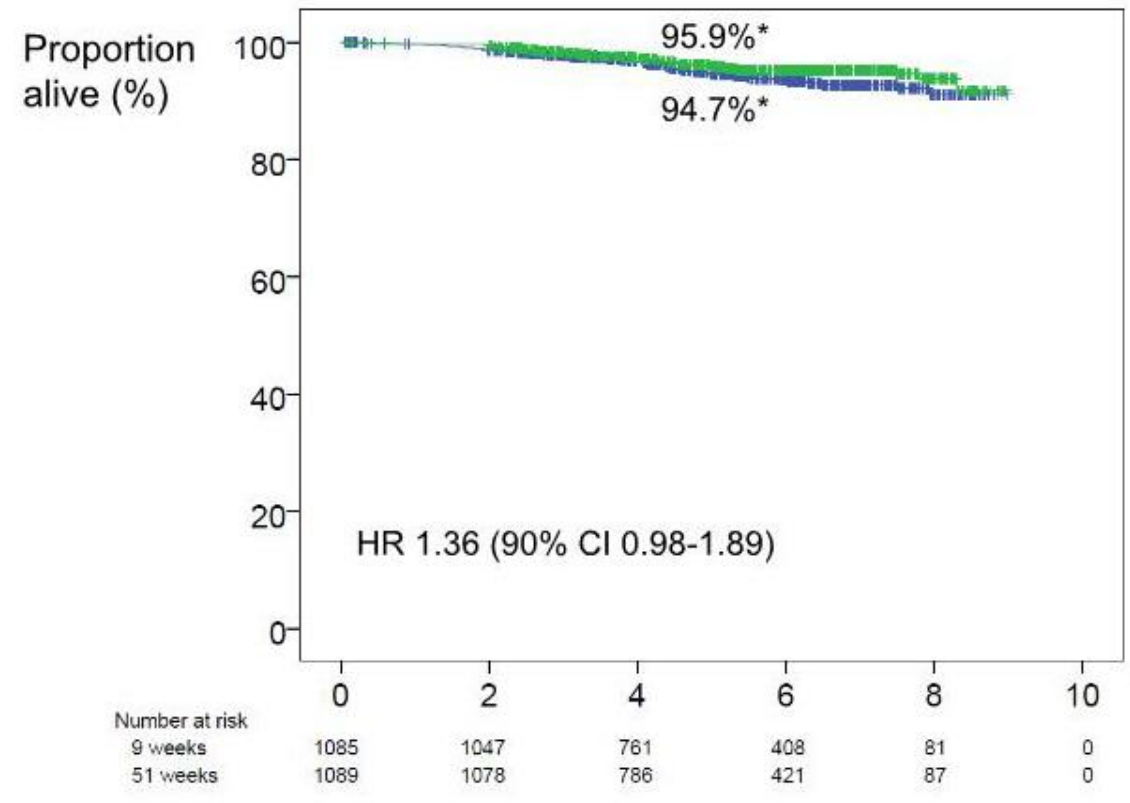
**SOLD**

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### Disease-free survival



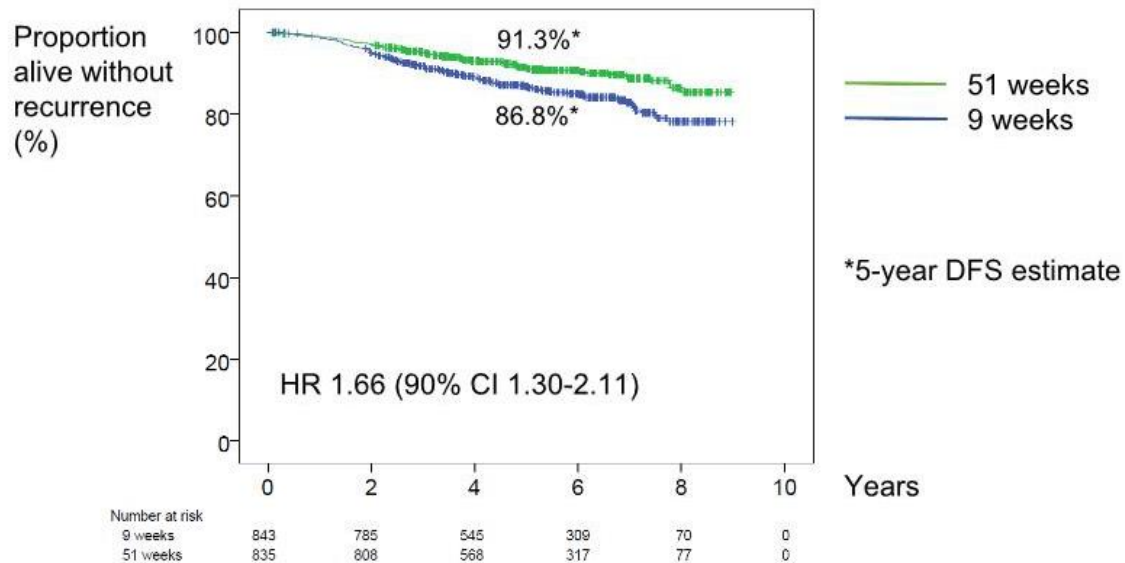
### Overall survival



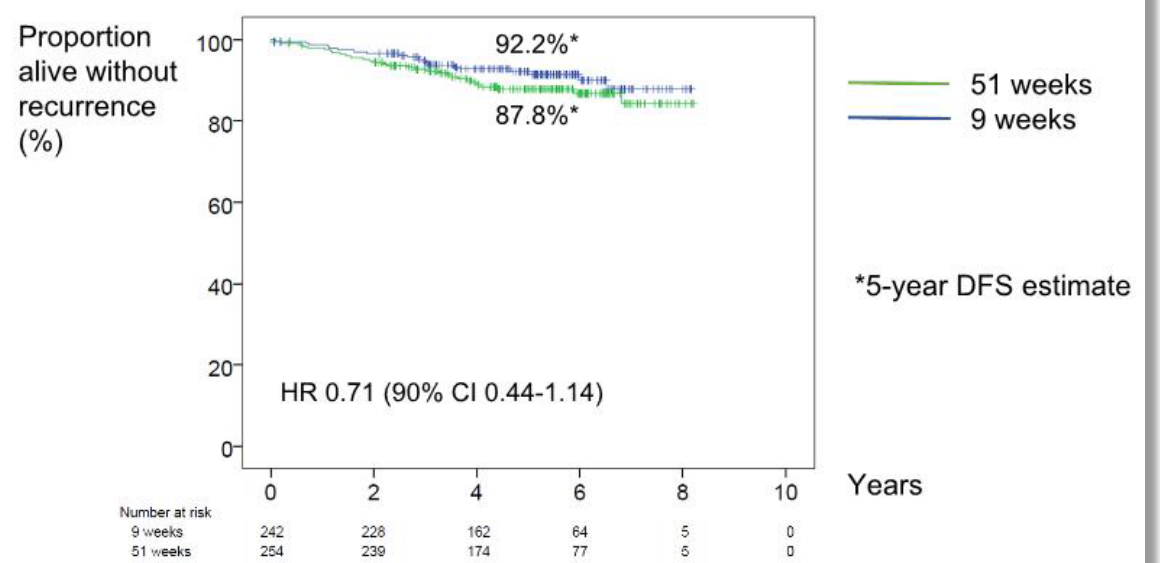
**SOLD**

A randomized phase III study of adjuvant trastuzumab for a duration of **9 weeks versus 1 year**, combined with adjuvant taxane-anthracycline chemotherapy, for early HER2-positive breast cancer

### DFS: Docetaxel dose 80 mg/m<sup>2</sup>



### DFS: Docetaxel dose 100 mg/m<sup>2</sup>



SOLD

## Cardiac safety

- Less cardiac toxicity was observed in the 9-week group

| Event                                       | 9-week group<br>n (%) | 1-year group<br>n (%) |
|---|-----------------------|-----------------------|
| Any protocol-defined cardiac adverse event* | 22 (2.0)              | 42 (3.9)*             |
| Congestive heart failure                    | 21 (1.9)              | 36 (3.3)**            |

\*P = 0.012

\*\*P = 0.046

\*Any Gr. 3 or 4 cardiac event; symptomatic cardiac failure; cardiac failure requiring medical management; LVEF decrease >10 percentage points and to a value <50%; LVEF decrease to <45% from any baseline value

# Comparação entre os estudos

|                          | PHARE                                   | SHORT-HER                               | SOLD                                    |
|--------------------------|---|---|---|
| <b>Desenho</b>           | Fase III randomizado, não inferioridade | Fase III randomizado, não inferioridade | Fase III randomizado, não inferioridade |
| <b>N</b>                 | 3.380                                   | 1.253                                   | 2.176                                   |
| <b>Duração</b>           | 6 meses vs 1 ano                        | 9 semanas vs 1 ano                      | 9 semanas vs 1 ano                      |
| <b>Quimioterapia</b>     | 74% A+T                                 | 100% A+T                                | 100% A+T                                |
| <b>N</b>                 | N0: 55%<br>1-3 LN+: 30%<br>>3 LN+: 15%  | N0: 54%<br>1-3 LN+: 30%<br>>3 LN+: 16%  | N0: 60%<br>1-3 LN+: 30%<br>>3 LN+: 11%  |
| <b>RH+</b>               | 60%                                     | 68%                                     | 66%                                     |
| <b>Endpoint Primário</b> | SLD 2 anos<br>91.2% vs 93.8%            | SLD 5 anos<br>85.4% vs 87.5%            | SLD 5 anos<br>88.0% vs 90.5%            |

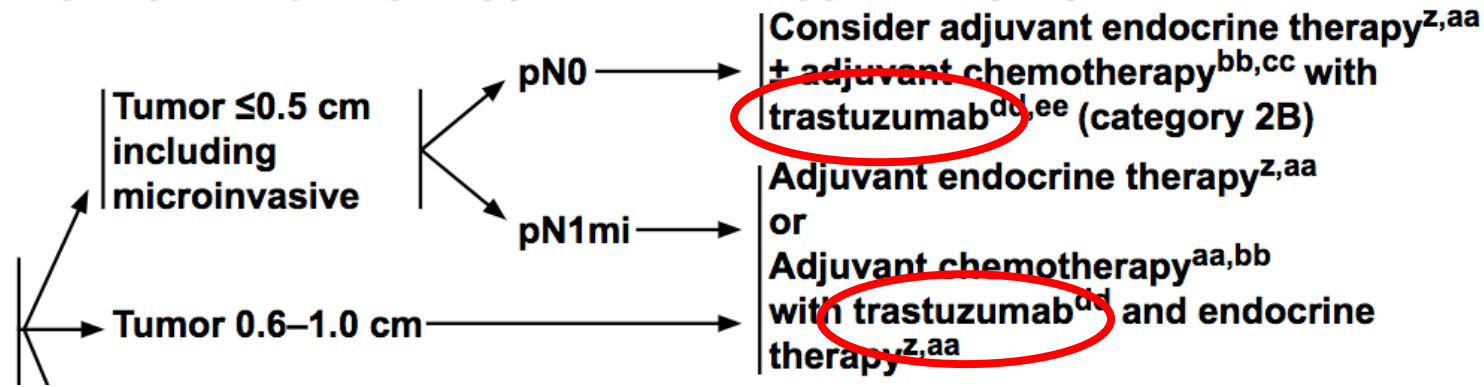


# Conclusão I (duração)

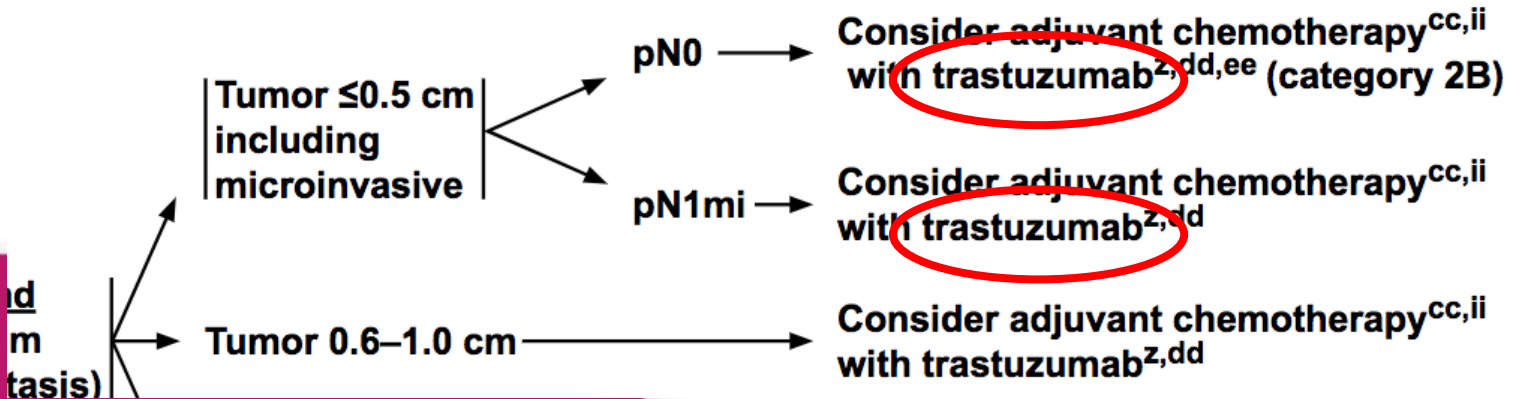
Estudos *Phare, Short-HER e SOLD* não conseguiram demonstrar não inferioridade dos regimes de curta duração versus tratamento padrão com 1 ano de trastuzumabe.

# Menos quimioterapia?

**HORMONE RECEPTOR-POSITIVE - HER2-POSITIVE DISEASE<sup>c</sup>**



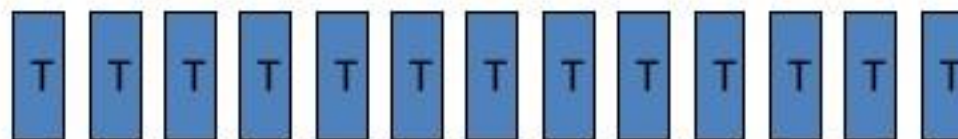
**HORMONE RECEPTOR-NEGATIVE - HER2-POSITIVE DISEASE<sup>c</sup>**



## Study Design (APT Trial)

HER2+  
ER+ or ER-  
Node Negative  
≤ 3 cm

Planned N=400



# Adjuvant Paclitaxel and Trastuzumab for Node-Negative, HER2-Positive Breast Cancer

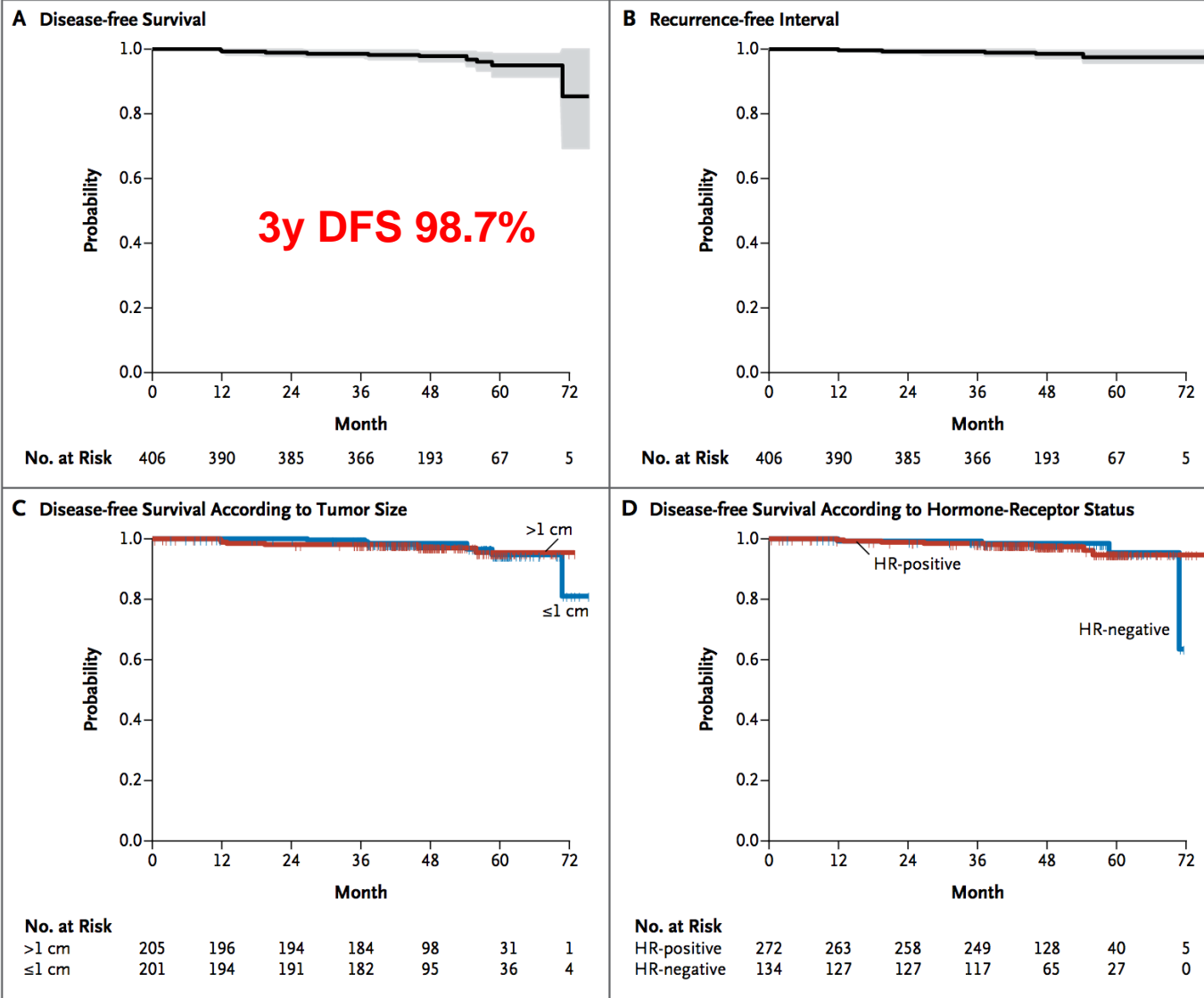
**Table 1. Baseline Characteristics of the Patients.\***

| Characteristic | Patients (N = 406) |        |
|----------------|--------------------|--------|
|                | no.                | (%)    |
| Age group      |                    |        |
| <50 yr         | 132                | (32.5) |
| 50–59 yr       | 137                | (33.7) |
| 60–69 yr       | 96                 | (23.6) |
| ≥70 yr         | 41                 | (10.1) |
| Sex            |                    |        |
| Female         | 405                | (99.8) |
| Male           | 1                  | (0.2)  |
| Race†          |                    |        |
| White          | 351                | (86.5) |
| Black          | 28                 | (6.9)  |
| Asian          | 11                 | (2.7)  |
| Other          | 16                 | (3.9)  |

| Primary tumor                 |            |
|-------------------------------|------------|
| Size                          |            |
| T1mic: ≤0.1 cm                | 9 (2.2)    |
| T1a: >0.1 to ≤0.5 cm          | 68 (16.7)  |
| T1b: >0.5 to ≤1.0 cm          | 124 (30.5) |
| T1c: >1.0 to ≤2.0 cm          | 169 (41.6) |
| T2: >2.0 to ≤3.0 cm           | 36 (8.9)   |
| Nodal status                  |            |
| N0                            | 400 (98.5) |
| N1mic                         | 6 (1.5)    |
| Histologic grade              |            |
| I: well-differentiated        | 44 (10.8)  |
| II: moderately differentiated | 131 (32.3) |
| III: poorly differentiated    | 228 (56.2) |
| Unknown                       | 3 (0.7)    |

| HER2-positive status         | 406 (100)  |
|------------------------------|------------|
| Estrogen-receptor status     |            |
| Positive                     | 260 (64.0) |
| Negative                     | 141 (34.7) |
| Borderline                   | 5 (1.2)    |
| Progesterone-receptor status |            |
| Positive                     | 201 (49.9) |
| Negative                     | 196 (48.3) |
| Borderline                   | 8 (2.0)    |
| Unknown                      | 1 (0.2)    |
| Hormone-receptor status      |            |
| Positive                     | 272 (67.0) |
| Negative                     | 134 (33.0) |

# APT trial



**Table 3. Most Common Adverse Events Occurring during Protocol Therapy.**

| Event                                    | Maximum Grade                       |          |         | Total     |
|--|-------------------------------------|----------|---------|-----------|
|  | Grade 2                             | Grade 3  | Grade 4 |           |
|  | <i>number of patients (percent)</i> |          |         |           |
| Fatigue                                  | 81 (20.0)                           | 9 (2.2)  | 0       | 90 (22.2) |
| Diarrhea                                 | 47 (11.6)                           | 6 (1.5)  | 0       | 53 (13.1) |
| Neuropathy                               | 39 (9.6)                            | 14 (3.4) | 0       | 53 (13.1) |
| Neutropenia                              | 26 (6.4)                            | 15 (3.7) | 2 (0.5) | 43 (10.6) |
| Hyperglycemia                            | 35 (8.6)                            | 7 (1.7)  | 0       | 42 (10.3) |
| Leukopenia                               | 28 (6.9)                            | 10 (2.5) | 0       | 38 (9.4)  |
| Allergic reaction                        | 28 (6.9)                            | 6 (1.5)  | 1 (0.2) | 35 (8.6)  |
| Elevated alanine amino-transferase level | 23 (5.7)                            | 7 (1.7)  | 0       | 30 (7.4)  |
| Anemia                                   | 28 (6.9)                            | 1 (0.2)  | 0       | 29 (7.1)  |

# Seven-year follow up – ASCO 2017

## Disease Free Survival

|          | Point Est. | 95% Conf. Interval | No. of Events |
|----------|------------|--------------------|---------------|
| 3-yr DFS | 98.5%      | 97.2-99.7%         | 6             |
| 5-yr DFS | 96.3%      | 94.4-98.2%         | 14            |
| 7-yr DFS | 93.3%      | 90.4-96.2%         | 23            |

## Overall Survival

|         | Point Est. | 95% Conf. Interval | No. of Events |
|---------|------------|--------------------|---------------|
| 3-yr OS | 99.7%      | 99.2-99.9%         | 1             |
| 5-yr OS | 98.7%      | 97.5-99.8%         | 5             |
| 7-yr OS | 95.0%      | 92.4-97.7%         | 14            |

## DFS events

| DFS Event                               | N (%)    | Time to event [months; mean (range)] |
|---|----------|--------------------------------------|
| Any recurrence or death                 | 23 (5.7) |                                      |
| Local/Regional Recurrence*              | 5 (1.2)  |                                      |
| Ipsilateral axilla (HER2+)              | 3        | 29 (12-54)                           |
| Ipsilateral breast (HER2+)              | 2        | 51 (37-65)                           |
| New Contralateral Primary Breast Cancer | 6 (1.5)  |                                      |
| HER2+                                   | 1        | 56                                   |
| HER2-                                   | 3        | 36 (12-59)                           |
| Unknown                                 | 2        | 87 (84-90)                           |
| Distant Recurrence                      | 4 (1.0)  | 49 (27-63)                           |
| Death                                   |          |                                      |
| Non-breast cancer related               | 8 (2.0)  | 58 (13-71)                           |

## Conclusão II

# Terapia adjuvante para câncer de Mama HER2 positivo: menos é mais?

1) Menos tempo de tratamento com trastuzumabe?

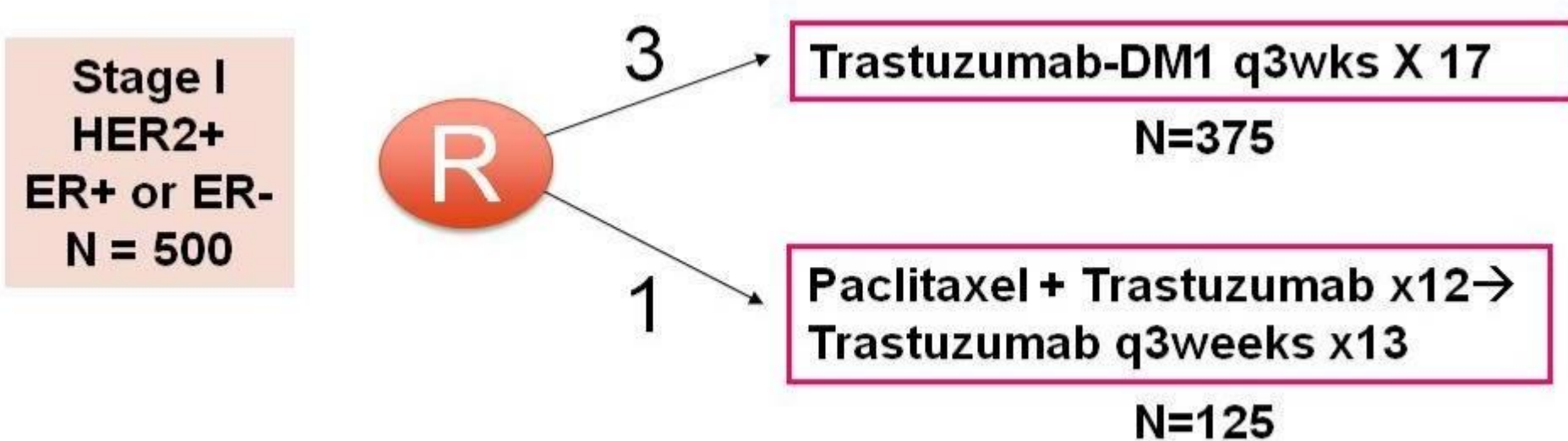
NÃO (Phare, Short-HER e SOLD negativos)

2) Menos quimioterapia?

SIM, para  $T \leq 2\text{cm}$  e axila negativa (APT trial)



# Haverá papel para T-DM1 na doença inicial?



Obrigado!!!  
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